



2008 Express Scripts/Board of Regents National Preferred Drug List

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the preferred drug list that is at the core of your prescription-drug benefit plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

PLEASE NOTE: The symbol * next to a drug signifies that it is subject to nonpreferred status when a generic is available throughout the year. For prior authorization (PA) inquiries or questions regarding the preferred status of drugs not listed on this document, please contact Express Scripts, Inc. at 1-877-650-9340.

- A**
- ABILIFY (excluding Discmelt & solution)
 - ACCU-CHEK MULTICLIX LANCETS [QLL]
 - acebutolol
 - acetaminophen w/codeine
 - acetazolamide
 - ACTIVELLA
 - ACTONEL, with calcium [QLL]
 - ACTOPLUS MET
 - ACTOS [QLL]
 - ACULAR (excluding LS & PF)
 - acyclovir
 - ADVAIR DISKUS, HFA [PA] [QLL]
 - ADVICOR [PDMP]
 - AGGRENOL
 - albuterol [QLL]
 - alendronate sodium ALLEGRA-D* [PDMP] [QLL]
 - ALORA [QLL]
 - ALPHAGAN P
 - ALTACE [PDMP]
 - amantadine
 - AMBIEN CR [PDMP] [QLL]
 - aminophylline
 - amitriptyline
 - amlodipine besylate
 - ammonium lactate [+]
 - amox tr/potassium clavulanate
 - amoxicillin
 - amphetamine salt combo [PA] (note: PA age >21)
 - anagrelide
 - ANAPRAM-HC*
 - ANDRODERM [PA] [QLL]
 - ANDROGEL [PA] [QLL]
 - antipyrine w/benzocaine
 - apri
 - aranelle
 - ARANESP [INJ] [PA] [QLL]
 - ARICEPT
 - ASACOL
 - ASCENSIA AUTODISC, BREEZE/2 [QLL]
 - ASCENSIA CONTOUR SYSTEM
 - ASCENSIA DEX2, ELITE/XL [QLL]
 - ASCENSIA MICROFILL
 - ASTELIN [QLL]
 - atenolol, -chlorthalidone
 - atropine sulfate
 - AUGMENTIN XR [QLL]
 - AVANDAMET
 - AVANDARYL [QLL]
 - AVANDIA [QLL]
 - AVELOX
 - aviane
 - AVINZA
- B**
- AXID solution only
 - azathioprine
 - azithromycin
- B**
- balsalazide disodium
 - balziva
 - benazepril, /hctz
 - BENZACLIN
 - benzonatate
 - benzoyl peroxide [+]
 - betamethasone dp, valerate
 - BETASERON [INJ] [QLL]
 - bisoprolol fumarate/hctz
 - brimonidine tartrate
 - bupropion, sr butalbital/apap/caffeine
 - BYETTA [INJ]
- C**
- camila
 - CANASA
 - captopril, /hctz
 - CARAC
 - carbamazepine
 - carbidopa-levodopa, er
 - carisoprodol
 - carvedilol
 - cefaclor, er
 - cefadroxil
 - cefdinir
 - cefepodoxime
 - cefprozil
 - cefuroxime
 - CELEBREX [PDMP] [QLL]
 - CELLCEPT
 - cephalexin
 - cesia
 - chlorzoxazone
 - cholestyramine
 - choline mag trisalicylate
 - ciclopirox [PA]
 - cilostazol
 - cimetidine [+]
 - CIPRODEX*
 - citalopram
 - clarithromycin, er
 - CLIMARA PRO [QLL]
 - clindamycin phosphate
 - clobetasol propionate
 - clonidine hcl
 - clotrimazole troche
 - colestipol
 - COMBIPATCH
 - COMBIVENT [QLL]
 - CONCERTA*
 - COPAXONE [INJ]
 - COSOPT*
 - COZAAR [PDMP]
 - CREON
 - CRESTOR [PDMP]
 - CRINONE [PA]
 - cromolyn sodium [QLL]
 - cryselle
- D**
- cyclobenzaprine hcl
 - cyclosporine, modified
 - CYMBALTA [SNRI] [PDMP]
- D**
- DEPAKOTE*
 - desmopressin acetate
 - desonide
 - desoximetasone
 - dexmethylphenidate
 - dextroamphetamine sulfate [PA] (note: PA age >21)
 - diclofenac sodium
 - dicyclomine hcl
 - DIFFERIN [PA] (note: PA age >29)
 - diflunisal
 - diltiazem, extended release
 - DIOVAN, HCT [PDMP]
 - diphenhydramine [+]
 - dipyridamole
 - doxepin hcl
 - DUAC, CS
 - DUECT
 - DYNACIRC CR* [PDMP]
- E**
- econazole
 - EDEX [INJ] [PA] [QLL]
 - EFFEXOR XR [SNRI] [PDMP]
 - ELIDEL [PDMP]
 - ENABLEX [PDMP]
 - enalapril, hctz
 - ENBREL [INJ] [PA] [QLL]
 - enpresse
 - EPIPEN, JR [INJ] [QLL]
 - errin
 - erythromycin
 - erythromycin/benzoyl perox.
 - estazolam
 - estradiol, tds [QLL]
 - ESTRATEST, H.S.
 - estropipate
 - etidronate disodium
 - etodolac
 - EXELON
 - EXFORGE [PDMP]
 - EXUBERA [PA] [QLL]
- F**
- famciclovir [QLL]
 - famotidine [+]
 - felodipine er
 - fenofibrate
 - fentanyl citrate [QLL]
 - fenofenadine [QLL]
 - FINACEA
 - finasteride
 - FLOMAX
 - FLOVENT DISKUS, HFA [QLL]
 - fluconazole [PA] [QLL]
 - fluocinonide
 - fluorouracil
- G**
- gabapentin
 - gemfibrozil
 - GENOTROPIN [INJ] [PA]
 - gentamicin sulfate
 - gliimepiride
 - glipizide, er, xl
 - glipizide/metformin
 - GLUCAGEN [INJ]
 - GLUCOMETER DEX, ELITE, ENCORE [QLL]
 - glyburide, micronized
 - glyburide/metformin
 - guaifenesin w/pseudoephedrine [+]
- H**
- HALFLYTELY
 - haloperidol
 - HUMALOG [INJ]
 - HUMATROPE [INJ] [PA]
 - HUMIRA [INJ] [PA] [QLL]
 - HUMULIN [INJ]
 - hydrochlorothiazide
 - hydrocodone w/guaifenesin
 - hydrocodone/acetaminophen
 - hydrocortisone [+]
 - hydromorphone
 - hydroxyurea
 - hyoscyamine sulfate
 - HYZAAR [PDMP]
- I**
- ibuprofen [+]
 - imipramine
 - IMITREX* [QLL]
 - indomethacin
 - INTAL inh [QLL]
 - ipratropium bromide [QLL]
 - ipratropium-albuterol
 - isosorbide mononitrate
 - isotretinoin
 - itraconazole [PA] [QLL]
- J**
- JANUMET [QLL]
 - JANUVIA [QLL]
 - jossesa
 - jolivet
 - junel, fe
- K**
- kariva
 - kelnor
 - ketoconazole
 - KYTRIL* soln, tab [QLL]
- L**
- labetalol hcl
 - lactulose
 - LAMICTAL* (excluding disper tabs)
 - lamotrigine
 - LANTUS Vials Only [INJ]
 - leena
 - leflunomide
 - lessina
 - leucovorin
 - leuprolide acetate [INJ]
 - LEVAQUIN
 - LEVEMIR, FLEXPEN [INJ]
 - LEVITRA [PA] [QLL]
 - levora
 - levothyroxine sodium
 - LEVOXYL
 - LEXAPRO [PDMP]
 - LIDODERM
 - LIPITOR [PDMP]
 - lisinopril, /hctz
 - LOTEMAX
 - LOTREL* [PDMP]
 - lovastatin
 - LOVAZA
 - low-ogestrel
 - LUMIGAN
 - lutera
 - LYRICA
- M**
- meclizine hcl
 - medroxyprogesterone acetate
 - megestrol
 - meloxicam
 - MENEST
 - mercaptapurine
 - metaproterenol [QLL]
 - metformin, er
 - methocarbamol
 - methotrexate
 - methylphenidate hcl
 - methylprednisolone
 - metoclopramide hcl
 - metolazone
 - metoprolol, hctz
 - METROGEL*
 - metronidazole cream
 - microgestin, fe
 - mirtazapine, soltab
 - moexipril/hctz
 - mometasone
 - mononessa
 - morphine sulfate
 - MUSE [PA] [QLL]
- N**
- nabumetone
 - nadolol
- K**
- naproxen [+]
 - NASACORT AQ [PDMP] [QLL]
 - NASONEX [PDMP] [QLL]
 - necon
 - neomycin/polymyxin/dexamethasone
 - neomycin/polymyxin/hc
 - NEUPRO
 - NEXIUM [PA] [QLL]
 - NIASPAN
 - nifedipine er
 - nitrofurantoin macrocrystal
 - nitroglycerin
 - nizatidine
 - nora-be
 - nortrel
 - NOVOFINE 30, 31, AUTOCOVER
 - NOVOLIN [INJ]
 - NOVOLOG [INJ]
 - NUTROPIN, AQ [INJ] [PA]
 - nystatin
- O**
- ofloxacin
 - ogestrel
 - omeprazole [PA] [QLL]
 - ondansetron [QLL]
 - ONETOUCH II, BASIC, PROFILE [QLL]
 - ONETOUCH FASTTAKE
 - ONETOUCH INDUO
 - ONETOUCH SURESTEP
 - ONETOUCH ULTRA,-2,-SMART [QLL]
 - ONETOUCH ULTRAMINI
 - orphenadrine citrate
 - ORTHO TRI-CYCLEN LO*
 - oxcarbazepine
 - oxybutynin, er
 - oxycodone w/acetaminophen
 - OXYCONTIN [PA] [QLL]
 - OXYTROL [PDMP] [QLL]
- P**
- pantoprazole sodium [PA] [QLL]
 - paroxetine
 - PATADAY
 - PATANOL
 - peg 3350/electrolyte
 - PEGASYS [INJ] [QLL]
 - penicillin v potassium
 - perphenazine
 - phenytoin sodium, extended
 - pilocarpine hcl
 - pindolol
 - PLAVIX [QLL]
 - polymyxin b sul/trimethoprim
 - portia
 - PRAMOSONE
 - PRANDIN
 - pravastatin

(continued)

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The symbol [G] next to a drug name signifies that a generic is available for at least one or more strengths of the brand-name medication. Most generics are available at the lowest copayment.

Examples of Nonpreferred Medications With Selected Preferred Alternatives

The following is a list of some nonpreferred brand-name medications with examples of selected alternatives that are on the preferred drug list.

Column 1 lists examples of nonpreferred medications.
Column 2 lists some alternatives that can be prescribed.

Thank you for your compliance.

Nonpreferred	Preferred Alternative	Nonpreferred	Preferred Alternative
ACCOLATE	Singulair	GEODON	Abilify (regular tabs), Risperdal* (non M-tabs), Seroquel/XR, Zyprexa (non-Zydis)
ACCU-CHEK meters/strips	Ascensia/Glucometer, OneTouch	HELIDAC	Prevpac
ACEON	Generic Ace Inhibitor, Altace	INNOPRAN XL	propranolol er
ACIPHEX	omeprazole, pantoprazole, Nexium, Prevacid	INVEGA	Abilify (regular tabs), Risperdal* (non M-tabs), Seroquel/XR, Zyprexa (non-Zydis)
AEROBID, M	Flovent Diskus/HFA, Pulmicort/Flexhaler, Qvar	IOPIDINE	brimonidine tartrate, Alphagan P, Cosopt*, Trusopt*
ALAMAST	cromolyn sodium, Pataday, Patanol	ISTALOL	timolol maleate
ALOCRIAL	cromolyn sodium, Pataday, Patanol	LAMISIL tabs	terbinafine hcl
ALREX	Generic steroids	LANTUS	Lantus vials, Levemir
ALTOPREV	lovastatin, pravastatin, simvastatin, Crestor, Lipitor, Vytorin	LESCOL, XL	lovastatin, pravastatin, simvastatin, Crestor, Lipitor, Vytorin
AMBIEN	zolpidem tartrate	LOFIBRA	fenofibrate, Tricor
AMERGE	Imitrex*, Zomig/ZMT	LUNESTA	zolpidem tartrate, Ambien CR
ANGELIQ	Activella, Prempro/Premphase	MAXAIR AUTOHALER	albuterol, Proair HFA, Proventil HFA, Ventolin HFA, Xopenex HFA
ANTARA	fenofibrate, Tricor		
ANZEMET	ondansetron, Kytril* (soln, tabs)		
APIDRA	Humalog, Novolog		
ASMANEX	Flovent Diskus/HFA, Pulmicort/Flexhaler, Qvar		
ATACAND	Cozaar, Diovan	MAXALT, MLT	Imitrex*, Zomig/ZMT
ATACAND HCT	Diovan HCT, Hyzaar	MENOSTAR	Generic patches, Alora, Vivelle/-Dot
AVALIDE	Diovan HCT, Hyzaar	METADATE CD	methylphenidate, Concerta*
AVAPRO	Cozaar, Diovan	MICARDIS	Cozaar, Diovan
AVITA	tretinoin, Differin	MICARDIS HCT	Diovan HCT, Hyzaar
AVODART	finasteride, Flomax, Uroxatral	NASAREL	fluticasone, Nasacort AQ, Nasonex
AXERT	Imitrex*, Zomig/ZMT	NEVANAC	Acular (non LS/PF), Voltaren Ophth.
AZELEX	tretinoin, Differin, Finacea	NORDITROPIN	Genotropin, Humatrope, Nutropin/AQ
AZMACORT	Flovent Diskus/HFA, Pulmicort/Flexhaler, Qvar	NOROXIN	ciprofloxacin/er, ofloxacin, Avelox, Levaquin
AZOPT	brimonidine tartrate, Alphagan P, Cosopt*, Trusopt*	NORVASC	amlodipine besylate
	fluticasone, Nasacort AQ, Nasonex	NUVARING	Ortho Tri-Cyclen Lo*, Yasmin, Yaz
	Cozaar, Diovan	OMNICEF	cefdinir
	Diovan HCT, Hyzaar	OMNITROPE	Genotropin, Humatrope, Nutropin/AQ
	erythromycin/benzoyl peroxide	OPTIVAR	cromolyn sodium, Pataday, Patanol
	betaxolol, timolol, other generics	ORTHO EVRA	Ortho Tri-Cyclen Lo*, Yasmin, Yaz
	clarithromycin, er	PAXIL CR	paroxetine (immediate release), citalopram, fluoxetine (daily), sertraline, Lexapro
	alendronate, Actonel, Fosamax soln/Plus D*		
	amlodipine, felodipine er, nifedipine er, Dynacirc CR*, Sular*	PEG-INTRON, REDIPEN	Pegasyx
	diltiazem er	PENLAC	ciclopirox
	amox tr/potassium clavulanate, cefdinir, Augmentin XR	PRECISION QID, PCX	Ascensia/Glucometer, OneTouch
	Menest, Premarin	PREFEST	Activella, Prempro/Premphase
	Levitra	PRIOSECC	omeprazole
	ofloxacin, Ciprodex*	PROTONIX	pantoprazole sodium
	balsalazide disodium	PROZAC WEEKLY	fluoxetine (daily), citalopram, paroxetine, sertraline, Lexapro
	verapamil er, Verelan PM*		
	cesia, velivet	PYLERA	Prevpac
	oxybutynin/er, Enablex, Vesicare	QUIXIN	ciprofloxacin, ofloxacin, Vigamox, Zymar
	balsalazide disodium, Asacol, Pentasa	RELPAK	Imitrex*, Zomig/ZMT
	oxybutynin cl er	RESTORIL	temazepam
	Generic patches, Alora, Vivelle/-Dot	RETIN-A, MICRO	tretinoin, Differin
	amlodipine, felodipine er, nifedipine er, Dynacirc CR*, Sular*	RHINOCORT AQUA	fluticasone, Nasacort AQ, Nasonex
	cromolyn sodium, Pataday, Patanol	RITALIN LA	methylphenidate, Concerta*
	Generic patches, Alora, Vivelle/-Dot	SAIZEN	Genotropin, Humatrope, Nutropin/AQ
	Generic patches, Alora, Vivelle/-Dot	SANCTURA	oxybutynin/er, Enablex, Vesicare
	Generic patches, Alora, Vivelle/-Dot	SEASONIQUE	quasense, jollessa
	ciprofloxacin/er, ofloxacin, Avelox, Levaquin	SKELID	alendronate, Actonel, Fosamax soln/Plus D*
	famciclovir	SOF-TACT	Ascensia/Glucometer, OneTouch
	Activella, Prempro/Premphase	SONATA	zolpidem tartrate, Ambien CR
	Menest, Premarin	SPECTRACEF	amox tr/potassium clavulanate, cefdinir, Augmentin XR
	Generic steroids, Lotemax		
	dexmethylphenidate, methylphenidate, Concerta*	SYNTHROID	levothyroxine sodium, Levoxyl
	alendronate sodium	TESTIM	Androderm, Androgel
	Renagel	TEVETEN	Cozaar, Diovan
	Ascensia/Glucometer, OneTouch	TEVETEN HCT	Diovan HCT, Hyzaar
	Imitrex*, Zomig/ZMT	TEV-TROPIN	Genotropin, Humatrope, Nutropin/AQ
		TOBRADEX	Zylet
		TRAVATAN, Z	Lumigan, Xalatan
		TRIGLIDE	fenofibrate, Tricor
		TRILEPTAL	oxcarbazepine
		VERAMYST	fluticasone, Nasacort AQ, Nasonex
		VEXOL	Generic steroids, Lotemax
		VIAGRA	Levitra
		VYVANSE	methylphenidate, Concerta*
		XIBROM	Acular (non LS/PF), Voltaren Ophth.
		ZEGERID	omeprazole, pantoprazole, Nexium, Prevacid
		ZIANA	tretinoin, Differin + clindamycin
		ZOFRAN, ODT	ondansetron

KEY
 The symbol [G] next to a drug name indicates that a generic is available for at least one or more strengths of the brand-name medication.
 The symbol [INJ] next to a drug name indicates that the drug is available in injectable form only.
 The symbol [PA] next to a drug name indicates that Prior Authorization is required.
 The symbol [PDMP] next to a drug name indicates the drug is part of the Progressive Drug Management Program.
 The symbol [QLL] next to a drug name indicates quantity or therapy limits exist.
 The symbol [SNRI] stands for Serotonin-Norepinephrine Reuptake Inhibitor.
 The symbol [+] next to a drug name indicates that strengths of this drug which are available OTC are not covered.
For the member: Generic medications contain the same active ingredients as their corresponding brand-name medications, although they may look different in color or shape. They have been FDA-approved under strict standards.
For the physician: Please prescribe preferred products and allow generic substitutions when medically appropriate. Thank you.
 Brand-name drugs are listed in CAPITAL letters.
 Generic drugs are listed in lower case letters.

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PRECISION SURE DOSE
 PRECISION XTRA [QLL]
 prednisolone
 prednisolone acetate
 prednisone
 PREMARIN
 PREMPHASE
 PREMPRO
 PREVACID [PA] [QLL]
 PREVACID NAPRAPAC [PA] [QLL]
 previfem
 PREVPAC [QLL]
 PROAIR HFA [QLL]
 PROCHIEVE [PA]
 prochlorperazine
 PROCRIT [INJ] [PA]
 promethazine
 promethazine w/codeine
 promethazine w/dm
 PROMETRIUM
 propranolol hcl, w/hctz
 PROTOPIC* [PDMP]
 PROVENTIL HFA [QLL]
 pseudoephedrine
 w/chlorpheniramine
 PULMICORT
 -FLEXHALER [QLL]

TEKTURNA, HCT
 temazepam
 terbinafine hcl [PA]
 terbutaline sulfate
 theophylline,
 anhydrous, er
 thioridazine hcl
 thiothixene
 thyroid
 TILADE [QLL]
 tilia fe
 timolol maleate
 tobramycin sulfate
 TOPAMAX
 TOPROL XL*
 trandolapril
 trazodone hcl
 tretinoin [PA]
 (note: PA age >29)
 triamcinolone acetonide
 triazolam
 TRICOR
 trifluoperazine hcl
 tri-legest fe
 trimethobenzamide
 trimethoprim
 trinessa
 tri-previfem
 tri-sprintec
 trivora
 TRUSOPT*
 TUSSIONEX
 TWINJECT [INJ] [QLL]

Q

quasense
 quinapril
 quinaretic
 QVAR [QLL]

U

ULTRASE, -MT
 UNIPHYL [G]
 urea
 UROXATRAL
 URSO, FORTE

R

RANEXA
 ranitidine [+]
 REBIF [INJ] [QLL]
 reclusen
 RENAGEL
 ribasphere
 ribavirin
 rimantadine
 RISPERDAL*
 (excluding M-tabs)

V

VAGIFEM
 VALTRES [QLL]
 velivet
 venlafaxine
 VENTOLIN HFA [QLL]
 verapamil hcl
 VERELAN PM* [PDMP]
 VESICARE [PDMP]
 VIGAMOX
 VIVELLE, -DOT [QLL]
 VOLTAREN ophthalmic
 VYTORIN [PDMP] [QLL]

S

salsalate
 selenium sulfide
 SEREVERT DISKUS [QLL]
 SEROQUEL, XR
 sertraline
 simvastatin
 SINGULAIR [PDMP]
 SKELAXIN*
 sodium sulfacetamide/
 sulfur
 SOFT TOUCH LANCETS [QLL]
 SOFTCLIX LANCETS [QLL]
 solia
 SPIRIVA [QLL]
 sprintec
 sronyx
 STARLIX
 STRATTERA
 SULAR* [PDMP]
 sulfacetamide sodium
 sulfasalazine
 SYMBICORT [PA] [QLL]
 SYMBYAX
 SYMLIN [INJ]

W

warfarin
 WELCHOL
 WELLBUTRIN XL* [PDMP]

T

tamoxifen
 TAZORAC [PA]
 (note: PA age >29)
 TEGRETOL XR

X

XALATAN
 XOPENEX [PDMP]
 XOPENEX HFA [QLL]

Y

YASMIN
 YAZ

Z

zenchent
 ZETIA [PA] [QLL]
 zolpidem tartrate [QLL]
 ZOMIG, ZMT [QLL]
 zonisamide
 zovia
 ZYLET
 ZYMAR
 ZYPREXA
 (excluding Zydis)