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DEFENSE  
HEALTH AGENCY

OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS

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January 21, 2016

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John Sample  
123 Anystreet Ln  
Any Town, ST 12345



Dear TRICARE Beneficiary:

Our records show you may be taking prescription drug(s) that will move to a non-preferred status (Tier 3 non-formulary) on February 3, 2016. This means you will need to take action or pay a higher co-pay for your diabetic drug.

The attached, "Formulary Options for Your Doctor to Consider," lists all drug(s) affected by this change as well as other preferred (Tier 1 and 2) drugs *that are as effective but cost less*.

- **If you want to continue taking your current diabetic drug:** You can, but you will pay the higher non-preferred (Tier 3) cost-share starting February 3, 2016, unless you meet new medical necessity and prior authorization requirements.
- **If you want to switch to a lower cost preferred drug (Tier 1 and 2):** Take the list to your doctor to talk about your options. You do not need to obtain prior authorization because the one you have for your current diabetic drug applies. Make sure you get a new prescription before your current prescription drug supply runs out.
- Please note that these medications must be obtained from TRICARE Home Delivery or a Military Treatment Facility, if available, after no more than two fills at a retail pharmacy.

**Why the change?** The TRICARE Pharmacy Program is designed to make sure you have easy access to safe and effective prescription drugs. We regularly review our drug list (formulary) and update it when equally effective; U.S. Food and Drug Administration approved drugs are on the market at a lower cost. Remember, we require prior authorization for drugs that: have dangerous side effects or can be harmful when combined with other drugs; should only be used for certain health conditions; are often misused or abused; or have less expensive options that may work better.

You can get your diabetic drug from TRICARE Pharmacy Home Delivery or a retail pharmacy (limitations apply). For a list of network pharmacies, please visit [www.express-scripts.com/TRICARE/pharmacy](http://www.express-scripts.com/TRICARE/pharmacy). You may also be able to get it at a nearby military pharmacy, if they carry it. To find military pharmacy phone numbers, visit [www.tricare.mil/mtf](http://www.tricare.mil/mtf). I encourage you to use TRICARE Pharmacy Home Delivery if you cannot get to a military pharmacy; the drug comes to you and you get more for less. For more on Home Delivery, visit [www.tricare.mil/homedelivery](http://www.tricare.mil/homedelivery).

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If you have questions or need help, call our TRICARE Pharmacy Program customer service office at (877) 363-1303. We are proud to serve you and offer you timely, cost-effective access to safe, effective prescription drugs.

Thank you for your interest in the Military Health System and its beneficiaries. We at the Defense Health Agency are proud to serve our Nation's heroes and their families and are committed to providing them the best possible health care.



R.C. BONO  
VADM, MC, USN  
Director

Attachment:  
As Stated

Proof

# Formulary Options for Your Doctor to Consider

*You are now taking a drug in the non-preferred column.*

## Cost Share Change Effective February 3, 2016

<p><b><u>Non-Preferred Drugs</u></b>  <b>Non-Formulary (Tier 3)</b></p>	<p><b><u>Preferred Drugs</u></b>  <b>Formulary (Tier 1 &amp; Tier 2)</b>  <i>Your doctor may write for one of these drugs or, depending on your prescription, your pharmacist may give you of these one instead of a Tier 3 drug.</i></p>
<p><b>Notes:</b>  <i>* Please note that these medications must be obtained from TRICARE Home Delivery or MTF, if available, after no more than two fills at a retail pharmacy</i>  <i>** Amount you'll pay for up to a 30-day supply from a network pharmacy or for up to a 90-day supply through Home Delivery</i>  <i>± Prior authorization (PA) required for this class of drugs</i></p>	
<p><b>Diabetes Agents (SGLT-2 Inhibitors)*</b></p>	
<p>Prior Authorization required                  ** Cost share = \$50 from a network pharmacy                  \$49 through Home Delivery</p> <p>Invokana (canagliflozin) – tablets                  Invokamet (canagliflozin/metformin) – tablets                  Farxiga (dapagliflozin) – tablets                  Xigduo XR (dapagliflozin/metformin XR) – tablets</p>	<p>** Cost share = \$24 from a network pharmacy                  \$20 through Home Delivery</p> <p>Jardiance (empagliflozin) – tablets                  Glyxambi (empagliflozin/linagliptin) – tablets</p>
<p><b>Diabetes Agents (GLP-1 Receptor Agonists)*</b></p>	
<p>Prior Authorization required ** Cost share = \$50 from a network pharmacy,                  \$49 from Home Delivery</p> <p>Byetta (exenatide twice daily) – injection                  Victoza (liraglutide) – injection                  Trulicity (dulaglutide) – injection</p>	<p>** Cost share = \$24 from a network pharmacy;                  \$20 from Home Delivery</p> <p>Bydureon (exenatide extended release) – injection                  Tanzeum (albiglutide) – injection</p>

Has your permanent address changed?  
 If so, please contact DEERS at (800) 538-9552, or [www.tricare.mil/deers](http://www.tricare.mil/deers)

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