



P.O. Box 52056
Phoenix, AZ 85072



December 1, 2017

2017162164 - 1

John Sample
123 Anystreet Ln
Any Town, ST 12345



IMPORTANT NOTICE:

A Change to Your Prescription Drug Coverage

Dear TRICARE Beneficiary:

On January 17th, 2018, a prescription medication you're taking will no longer be covered by TRICARE in the same way it has in the past. **This means you have an important decision to make to avoid paying more for your prescription.**

Why the Change?

The Defense Health Agency regularly reviews the list of TRICARE-covered prescription drugs. There are other medications that are just as effective that cost less.

Your Options

Please see the enclosed information called "**Options for You and Your Doctor to Consider**" to see a list of medications that are preferred alternatives and cost information. Discuss this information with your doctor to see which of the following options is best for you:

- **Switch to a preferred alternative medication that will cost you less**
- **Talk to your doctor about requesting a Prior Authorization**
- **Continue taking your current medication and pay 100% of the cost without a Prior Authorization**

We're committed to providing you the highest level of service. If you have any questions about your pharmacy benefit or you need help, please visit express-scripts.com/TRICARE or call **877.363.1303**.

Sincerely,

Jay Peloquin, PharmD, BCPS
Director, Clinical Account Management
Express Scripts



Download the Express Scripts™ mobile app for free today! Our easy-to-use mobile app puts your TRICARE® prescription benefit in the palm of your hand.



Follow us on social media! Add MilitaryRx on [Facebook](#) and [Twitter](#) for health tips, plan info and updates about your pharmacy benefit.

© 2017 Express Scripts Holding Company. All Rights Reserved. Express Scripts and "E" Logo are trademarks of Express Scripts Holding Company and/or its subsidiaries. All other trademarks are the property of their respective owners.

201712010504885691 - DODA

CRP1711_0511
LTR_FRMUNDOD_DHA_1_000

Page Plex = D
Letter ID = LTR_FRMUNDOD_DHA_1_000

StockID = BONND20
0162164000001010100



Options for You and Your Doctor to Consider

On January 17th, 2018, the cost you will pay for up to a 90-day supply will change at the Military Treatment Facility, TRICARE Pharmacy Home Delivery, or an in-network retail pharmacy. **Carefully read the information below to understand your options.** The drugs marked with an asterisk (*) require your doctor to request Prior Authorization (PA). PA is a routine review process to ensure that the requested drug is safe, cost effective, and medically required. Without an approved PA, you will pay the full cost of the drug. Discuss these options with your doctor to see which one is best for you.

Switch to a preferred drug

Your Current Medication	Choose a Preferred Drug Listed Below:	Military Treatment Facility	Home Delivery	Retail Pharmacy
Gastrointestinal-2 Agents for Opioid-Induced Constipation		Your cost for a preferred drug** (up to a 90 day supply)		
Movantik (tablet)* Relistor (tablet)*	Brand Preferred Drug: • Amitiza (capsule)	\$0	\$20	\$72

* These drugs require your doctor to request Prior Authorization.

** Your cost is subject to change pending the acceptance of fiscal year 2018 National Defense Authorization Act recommendations.

To continue taking your current drug, your doctor must request Prior Authorization. Without Prior Authorization, you will pay the 100% of the medication cost. If the Prior Authorization is approved, you will pay the applicable cost share.

Prior Authorization Request

For drugs that require PA, ask your doctor to submit the request(s) electronically through a simple process called Electronic Prior Authorization (ePA). The doctor's office can learn more about ePA at covermymeds.com/epa/express-scripts or call the Express Scripts doctor line at **866.684.4488** for assistance.

For more information, you can search for TRICARE covered drugs and any other restrictions at express-scripts.com/tricareformulary.