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DEFENSE
HEALTH AGENCY

OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE
HEALTH AFFAIRS

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March 21, 2016

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John Sample
123 Anystreet Ln
Any Town, ST 12345



Dear TRICARE Beneficiary:

Our records show you may be taking a prescription drug(s) that is moving to a non-preferred status (non-formulary-Tier 3) on May 4, 2016. This means you'll need to take action or pay the higher co-pay.

The attached, "Formulary Options for Your Doctor to Consider," lists all drug(s) affected by this change. It also lists other preferred (Tier 1 and 2) drugs *that are as effective but cost less*.

- **If you want to continue your current non-preferred drug:** You may pay the higher non-preferred (Tier 3) cost share starting May 4, 2016, unless you meet new medical necessity and prior authorization requirements.
- **If you want to switch to a lower cost preferred drug (Tier 1 and 2):** Take the list to your doctor. Talk about your options. Make sure you get a new prescription before your current drug supply runs out.
- You may be on a drug you'll have to get through TRICARE Home Delivery or at a military pharmacy, if available (see attached page). If so, you'll pay higher cost shares after your second fill at the retail pharmacy.

Why the change? The TRICARE Pharmacy Program is designed to make sure you have easy access to safe and effective prescription drugs. We regularly review our drug list (formulary) and update it when equally effective drugs, approved by the U.S. Food and Drug Administration, are on the market at a lower cost. We require prior-authorization for drugs that: have dangerous side effects or can be harmful when used with other drugs; should only be used for certain health conditions; are often misused or abused; or, have less expensive options that may work better.

You can get your prescription drug(s) from TRICARE Pharmacy Home Delivery or a retail network pharmacy (limitations apply as noted). A list of network pharmacies is available at www.express-scripts.com/TRICARE/pharmacy. You may also be able to get it at a military pharmacy, if they carry it. To find military pharmacy phone numbers, visit www.tricare.mil/mtf. I encourage you to use TRICARE Pharmacy Home Delivery if you can't get to a military pharmacy; the drug comes to you and you get more for less. For more on Home Delivery, visit www.tricare.mil/homedelivery.

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If you have questions or need help, call our TRICARE Pharmacy Program customer service office at (877) 363-1303. We're proud to serve you and offer you timely, cost-effective access to safe, effective prescription drugs.



R.C. BONO
VADM, MC, USN
Director

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Formulary Options for Your Doctor to Consider

You are now taking a drug in the non-preferred column.

Cost Share Change Effective May 4, 2016

| Non-Preferred Drugs | Preferred Drugs |
|--|--|
| <p>Non-Formulary (Tier 3)</p> | <p>Formulary (Tier 1 & Tier 2) <i>Your doctor may write for one of these drugs or, depending on your prescription, your pharmacist may give you one of these instead of a Non-Preferred/Tier 3 drug.</i></p> |
| <p>Notes: * You must get this drug through TRICARE Home Delivery or at a military pharmacy (if available), after two fills at your network pharmacy ** Amount you'll pay for up to a 30-day supply from a retail network pharmacy or for up to a 90-day supply through Home Delivery † Prior authorization (PA) required for this class of drugs</p> | |
| Alzheimer's Disease Agents* | |
| <ul style="list-style-type: none"> Namenda XR (memantine extended release) – capsules Namzaric (memantine extended release/donepezil) – capsules <p>Prior Authorization required **Cost share = \$50.00 from a retail network pharmacy \$49.00 through Home Delivery</p> | <ul style="list-style-type: none"> donepezil (generic) – tablets donepezil orally dissolving (generic) – tablet, disintegrating memantine IR (generic) – tablets <p>** Cost share = \$10.00 from a retail network pharmacy \$ 0.00 through Home Delivery</p> |
| Antirheumatics: Injectable Methotrexate | |
| <ul style="list-style-type: none"> Otrexup (methotrexate) – auto-injector Rasuvo (methotrexate) – auto-injector <p>Prior Authorization required **Cost share = \$50.00 from a retail network pharmacy \$49.00 through Home Delivery</p> | <p>methotrexate (generic) – vial</p> <p>** Cost share = \$10.00 from a retail network pharmacy \$ 0.00 through Home Delivery</p> |
| Acne Drugs: Oral Isotretinoin | |
| <ul style="list-style-type: none"> Absorica (isotretinoin) – capsules <p>Prior Authorization required **Cost share = \$50.00 from a retail network pharmacy \$49.00 through Home Delivery</p> | <ul style="list-style-type: none"> Amnesteem (generic) – capsule Claravis (generic) – capsule Zenatane (generic) – capsule Myorisan (generic) – capsule <p>** Cost share = \$10.00 from a network pharmacy \$ 0.00 through Home Delivery</p> |

Has your permanent address changed?

If so, please contact the Defense Enrollment Eligibility Reporting System at (800) 538-9552, or www.tricare.mil/deers

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