



P.O. Box 52056
Phoenix, AZ 85072



August 15, 2018

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John Q. Public
100 Any Street
Any St. Apartments
7th Floor
Any City, MO 55555-4444



IMPORTANT NOTICE:

A Change to Your Prescription Drug Coverage

Dear TRICARE Beneficiary:

On October 10th, 2018, a prescription drug you're taking is moving from a preferred drug status to a non-preferred drug status. You'll **pay more** if you use a non-preferred drug than if you use a preferred drug. **This means you have an important decision to make to avoid paying more for your prescription.**

Why the Change?

The Defense Health Agency regularly reviews the list of TRICARE-covered prescription drugs. There are other drugs that are just as effective and cost less.

Your Options

Please see the enclosed information called "**Options for You and Your Doctor to Consider**" to see a list of drugs that are no longer preferred, preferred alternatives, and cost information. Discuss this information with your doctor to see which of the following options is best for you:

- **Switch to a preferred alternative drug that will cost you less.**
- **Continue taking your current drug. Refer to the enclosed table for cost information.**

We're committed to providing you the highest level of service. If you have any questions about your pharmacy benefit or you need help, please visit express-scripts.com/TRICARE or call **877.363.1303**.

Sincerely,

Jay Peloquin, PharmD, BCPS
Director, Clinical Account Management
Express Scripts



Download the Express Scripts™ mobile app for free today! Our easy-to-use mobile app puts your TRICARE® prescription benefit in the palm of your hand.



Follow us on social media! Add MilitaryRx on [Facebook](#) and [Twitter](#) for health tips, plan info and updates about your pharmacy benefit.

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Options for You and Your Doctor to Consider

On October 10th, 2018, the cost you will pay for up to a 90-day supply will change at the Military Treatment Facility, TRICARE Pharmacy Home Delivery, or an in-network retail pharmacy. **Carefully read the information below to understand your options.** Drugs marked with an asterisk (*) require your doctor to request Prior Authorization (PA). PA is a routine review process to ensure that the requested drug is safe, cost effective, and medically required. Without an approved PA, you will pay the full cost of the drug. Discuss these options with your doctor to see which one is best for you.

Switch to a preferred drug

Choose a Preferred Drug Listed Below:	Military Treatment Facility	Home Delivery	Retail Pharmacy
	Your cost for a preferred drug (up to a 90-day supply)		
Gastrointestinal-2 (GI-2) Miscellaneous: Opioid Induced Constipation (OIC) [*- PA required]			
Generic Preferred Drugs: <ul style="list-style-type: none"> Lactulose (Solution) 	\$0	\$7	\$33
Brand Preferred Drugs: <ul style="list-style-type: none"> Symproic (Tablet)* Movantik (Tablet)* 	\$0	\$24	\$84

Continue taking your current non-preferred drug.

Non-Preferred Drugs	Military Treatment Facility	Home Delivery	Retail Pharmacy
	Your cost for non-preferred drug (up to a 90-day supply)		
Gastrointestinal-2 (GI-2) Miscellaneous: Opioid Induced Constipation (OIC) [*- PA required]			
Non-Preferred Drugs: <ul style="list-style-type: none"> Relistor (Vial) 	N/A**	\$53	\$159

* These drugs require your doctor to request Prior Authorization.

**Military Treatment Facilities may not carry this product on their formulary, but it may be available under certain conditions.

Note: Some non-preferred drugs are subject to a limit of two (2) fills at retail pharmacy. After that, you need to switch the prescription to Home Delivery or a Military Treatment Facility. If you continue to fill your prescription at retail, you will pay the full cost.

Prior Authorization and Medical Necessity Request

For drugs that require a PA, ask your doctor to submit the request(s) electronically through a simple process called Electronic Prior Authorization (ePA). The doctor's office can learn more about ePA at covermymeds.com/epa/express-scripts or call the Express Scripts doctor line at **866.684.4488** for assistance.

If you are continuing a non-preferred drug, your doctor may also submit a Medical Necessity (MN) request. If MN is approved, the non-preferred drug will be dispensed to you at the preferred cost share. For more information, you can search for TRICARE-covered drugs and any other restrictions, at express-scripts.com/tricareformulary.