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DEFENSE  
HEALTH AGENCY

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HEALTH AFFAIRS  
7700 ARLINGTON BOULEVARD, SUITE 5101  
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June 5, 2015

2015165114 - 1

John Sample  
123 Anystreet Ln  
Any Town, ST 12345



Dear TRICARE Beneficiary:

Our records show you may be using a blood glucose test strip that will move to non-formulary (Tier 3) status and will require obtaining prior authorization before a prescription for these test strips can be filled. The affected blood glucose test strips and other formulary strips are listed on the attachment. You have two options:

Option 1: Ask your doctor about switching to a blood glucose test strip that is on the formulary. You would not need to have a prior authorization and you would pay the formulary co-pay. See the attachment for details.

Notes:

- You may be able to get a matching meter for the formulary test strip(s) from your healthcare provider or from Abbott Diabetes Care at no cost. Please see the attachment for details.
- If you currently use a non-formulary test strip, you must get a new prescription for the formulary test strip**

Option 2: Ask your doctor to submit a prior authorization request to Express Scripts, Inc., the TRICARE Pharmacy contractor. If approved, you will pay the non-formulary co-pay for the test strips. Keep in mind that, if you don't have a prior authorization for a non-formulary test strip, you will pay 100% of the cost for the strips.

We recommend you talk to your doctor or health care provider about the options before August 5, 2015.

You can get test strips through TRICARE Pharmacy Home Delivery, a military pharmacy, or at a retail network pharmacy. Home Delivery is a handy and less costly way to get prescriptions filled. To learn more, please visit [www.tricare.mil/homedelivery](http://www.tricare.mil/homedelivery). To find a local military pharmacy, visit [www.tricare.mil/mtf](http://www.tricare.mil/mtf).

For more information regarding this change, or if you have questions, you or your doctor may call the TRICARE Pharmacy Program at 1-(877) 363-1303, or check the formulary search tool at <http://tricare.mil/pharmacyformulary>.

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Letter ID = LTR\_FRMUNDOD\_TS\_1\_000

StockID = BONID20  
0165114000001010200



We at the Defense Health Agency are proud to serve our Nation's military heroes and their families. It is our commitment to provide the best possible health care and service.



Douglas J. Robb, DO, MPH  
Lieutenant General, USAF, MC, CFS  
Director

**Attachment**

1. Possible Options for Your Non-Formulary (Tier 3) Test Strip.

Proof

## Possible Options for Your Non-Formulary (Tier 3) Test Strip

Co-pay Changes Effective August 5, 2015

Non-Formulary (Tier 3)	Formulary (Tier 2)
<b>Blood Glucose Test Strips</b>	
<b><u>Co-pay** = \$47 at Retail; \$46 at Home Delivery, Prior Authorization required</u></b>	<b><u>Co-pay** = \$20 at Retail; \$16 at Home Delivery, Prior Authorization not required</u></b>
ACCU-CHEK AVIVA PLUS FREESTYLE INSULINX ONE TOUCH ULTRA BLUE ONE TOUCH VERIO CONTOUR NEXT TRUEtest NOVA MAX GLUCOCARD 01 SENSOR GLUCOCARD VITAL PRODIGY NO CODING And all other test strips (see page 2)	FREESTYLE LITE PRECISION XTRA

\*\* Listed retail cost shares are for up to a 30-day supply, Home Delivery cost shares are for up to a 90-day supply. Quantity limits apply to this class: 100 strips per 30-day supply in the Retail Network and 300 strips per 90-day supply.

If you currently use a non-formulary test strip, you have to get a new prescription for formulary test strips (Precision Extra or FreeStyle Lite).

- To get formulary test strips:

Take the prescription to your local network retail pharmacy, or mail it to the TRICARE Home Delivery. You may also call your local military pharmacy to see if it carries the strips. To find a local military pharmacy, visit [www.tricare.mil/mtf](http://www.tricare.mil/mtf).

- To get a meter:

Use one of the following options:

- 1) See your health care provider, or
- 2) Call your local military pharmacy, or

Contact Abbott Diabetes Care toll-free at 1-855-226-7427 to get a meter that matches your formulary strips as long as they are available. You can also go to Abbott's website at <https://www.myfreestyle.com/Tricare> to request a free meter. They usually ship meters within 24-48 hours of your request. The meter kit contains about 10 test strips.

Has your permanent address changed?

If so, please contact DEERS at (800) 538-9552, or [www.tricare.mil/deers](http://www.tricare.mil/deers)



Non-Formulary Blood Glucose Test Strips

<p>                     ACCU-CHEK Aviva Plus                      GLUCOCARD 01-SENSOR                      GLUCOCARD Vital                      CONTOUR NEXT                      FreeStyle Insulinx                      Nova Max                      TRUEtest                      Prodigy No Coding                      OneTouch Verio                      OneTouch Ultra Blue                      ACCU-CHEK                      ACCU-CHEK Active                      ACCU-CHEK Advantage                      ACCU-CHEK Aviva                      ACCU-CHEK Comfort Curve                      ACCU-CHEK Instant                      ACCU-CHEK Smartview                      AccuTrend glucose                      Acura test strips                      Advance test strips                      Advocate test strip                      Advocate Redi-Code                      Advocate Redi-Code+                      Ascensia Elite                      Assure 3                      Assure 4                      Assure Platinum                      Assure Pro                      BD test strips                      BG-star                      Blood glucose test strips                      Blood glucose test strips – Leader                      Chemstrip BG                      ChoiceDM G20                      ChoiceDM GD20                      Clever Check                      Clever Choice test strips                      Clever Choice Pro                      Contour                      Control                      Dextrostix reagent                      Easymax                      EasyPlus glucose test strips                      EasyPlus mini strip                      Easy Pro Plus                 </p>	<p>                     Easy Touch                      Easy Touch glucose                      Easy Gluco                      Easy Gluco G2 test strip                      Element test strips                      Element Plus                      Embrace                      Evencare test strip                      Evencare G2                      EZ Smart                      EZ Smart Plus Fast Take                      Fifty50 test strip                      Fora G20                      Fora test strip                      Fora v10                      Fora V12                      Fora V30a                      G-4 test strip                      GE blood glucose test                      GE100 blood glucose test strip                      GLUCOCARD Expression                      GLUCOCARD X sensor                      Glucolab                      Glucose test strip                      Glucometer Encore                      Glucostix                      Infinity                      Keynote                      Liberty test strips                      Micro                      Microdot                      Neutek 2Tek test strips                      On Call Vivid test strip                      Optium                      Optium EZ                      Pocketchem EZ                      Precision PCX                      Precision PCX Plus                      Precision Point Of Care                      Precision QID                      Premium blood glucose                      Prestige test                      Prestige smart system                      Prodigy                      Quintet                      Quintet AC                      RefuAH Plus test strip                 </p>	<p>                     Reveal test strip                      Relion Confirm Micro                      Relion Prime                      Rightest GS100 test strips                      Rightest GS 300 test strips                      Rightest GS 550 test strips                      SmartDiabetes Xpres                      Smartest test                      Surechek test strips                      Surestep                      Surestep Pro                      Sure test                      Solus v2                      Telcare test strips                      Tracer BG                      TRUEtrack                      TRUEtrack Smart System                      Ultima                      Ultratrak                      Ultratrak Pro                      Ultratrak Ultimate test strip                      Victory                      Wavesense AMP                      Wavesense Jazz                      Wavesense Presto                 </p>
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