



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS  
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FALLS CHURCH, VIRGINIA 22041-3206

TRICARE  
MANAGEMENT  
ACTIVITY

MAR 5 2010

Dear TRICARE Beneficiary:

We are writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On February 3, 2010, the Acting Director, TRICARE Management Activity, approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee. The DoD P&T Committee selected the most clinically-effective and cost-effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and designated other products as non-formulary (Tier 3).

Your medication history indicates that you are using or have used at least one of the non-formulary medications recently. For a more cost-effective treatment option, we encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the enclosed page titled, "List of Formulary Alternatives for Non-formulary Medications." Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30 day supply at a retail pharmacy or 90 day supply through home delivery. Home delivery is the most cost effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if 'medical necessity' can be established by your physician with Express Scripts review. For more information on 'medical necessity', please go to: [www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications](http://www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications).

For questions, call TRICARE Pharmacy Program at (877) 363-1303. For assistance in converting a prescription to Home Delivery, call the Member Choice Center at (877) 363-1433, or use the on-line conversion tool at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

A handwritten signature in black ink, appearing to read "C. S. Hunter".

C. S. Hunter  
RADM, MC, USN  
Deputy Director

## List of Formulary Alternatives for Non-formulary Medications

**Co-pay Changes Effective April 14<sup>th</sup>, 2010**

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
<b>Multiple Sclerosis Drugs</b>	
Co-pay = \$22 Extavia (interferon-1b) – injection	Co-pay = \$9 Avonex (interferon-1a) – injection Rebif (interferon-1a) – injection Betaseron (interferon-1b) – injection
<b>Antidepressant</b>	
Co-pay = \$22 Aplenzin (bupropion HBr ER) – tablet  Co-pay = \$22 Savella (milnaciprin) - tablet	Co-pay = \$3 Bupropion SR (generics) - tablet Bupropion ER (generics) – tablet  Co-pay = \$3 Amitriptyline (generics) - tablet Citalopram (generics) – tablet Fluoxetine (Generics) - capsule
<b>Pulmonary Hypertension</b>	
Co-pay = \$22 Adcirca (tadalafil) - tablet	Co-pay = \$9 Revatio (sildenafil) - tablet
<b>Overactive Bladder Drugs (OABs)</b>	
Co-pay = \$22 Gelnique (oxybutynin) – topical gel	Co-pay = \$3 Oxybutynin ER (generics) – tablet  Co-pay = \$9 Oxytrol (oxybutynin) – patch
<b>Narcotic Analgesics</b>	
Co-pay = \$22 Nucynta (tapentadol) – tablet  Co-pay = \$22 Ryzolt (tramadol ER) – tablet	Co-pay = \$3 Morphine sulfate SR (generics) – tablet  Co-pay = \$9 Avinza (morphine sulfate ER) – capsule Kadian (morphine sulfate ER) – capsule Opana ER (morphine sulfate ER) tablet  Co-pay = \$3 Tramadol IR (generics) – tablet Tramadol/acetaminophen (generics) - tablet

Has your permanent address changed?

If so, please contact DEERS at 1-800-538-9552 or at [www.tricare.mil/deers](http://www.tricare.mil/deers)