



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE

HEALTH AFFAIRS

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FALLS CHURCH, VIRGINIA 22041-3206

TRICARE  
MANAGEMENT  
ACTIVITY

June 2010

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JOHN Q PUBLIC

123 STREET NAME

CITY, ST 99999

Dear TRICARE Beneficiary,

We are writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On May 03, 2010, the Director, TRICARE Management Activity approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee. The DoD P&T Committee selected the most clinically effective and cost effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and designated other products as non-formulary (Tier 3).

Your medication history indicates that you are using or have used at least one of the non-formulary medications recently. For a more cost-effective treatment option, we encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the enclosed page titled "List of Formulary Alternatives for Non-formulary Medications". Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30 day supply at a retail pharmacy or 90 day supply at the mail order pharmacy. The mail order pharmacy, also known as Home Delivery, is the most cost effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if 'medical necessity' can be established by your physician with Express Scripts review. For more information on 'medical necessity', please go to [www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications](http://www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications).

For questions, call TRICARE Pharmacy Program at 1-877-363-1303. For assistance in converting a prescription to Home Delivery, call the Member Choice Center at 1-877-363-1433 or use the on-line conversion tool at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

C. S. Hunter  
RADM, MC, USN  
Deputy Director

over

## List of Formulary Alternatives for Non-formulary Medications

### Co-pay Changes Effective July 14<sup>th</sup> 2010

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
<b>Basal Insulins</b>	
Co-pay = \$22 Levemir pen (insulin detemir) – injection	Co-pay = \$9 Levemir vial (insulin detemir) – injection Lantus vials (insulin glargine) – injection Lantus pen (insulin glargine) – injection
<b>Sedative Hypnotics</b>	
Co-pay = \$22 Edluar (zolpidem sublingual) – tablet	Co-pay = \$3 Zolpidem IR (generics) - tablet Lunesta (eszopiclone) – tablet
<b>Renin-Angiotensin Antihypertensive Agents</b>	
Co-pay = \$22 Twynsta (telmisartan/amlodipine) – tablet	Co-pay = \$9 Lotrel (valsartan/amlodipine) - tablet
Co-pay = \$22 Valtorna (aliskiren/valsartan) – tablet	Co-pay = \$9 Tektorna HCT (aliskiren/HCTZ) - tablet Atacand HCT (candesartan/HCTZ) – tablet Hyzaar (losartan/HCTZ) – tablet Micardis HCT (telmisartan/HCTZ) – tablet

Has your permanent address changed?

If so, please contact DEERS at 1-800-538-9552 or at [www.tricare.mil/deers](http://www.tricare.mil/deers)