



TRICARE  
MANAGEMENT  
ACTIVITY

OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS

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FALLS CHURCH, VIRGINIA 22041-3206

September 2010

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JOHN Q PUBLIC  
123 STREET NAME  
CITY, ST 99999

Dear TRICARE Beneficiary:

We are writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On July 23, 2010, the Director, TRICARE Management Activity (TMA), approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee to select the most clinically and cost-effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and to designate other products as non-formulary (Tier 3).

Your medication history indicates that you are using or have used at least one of these non-formulary medications recently. For a more cost-effective treatment option, we encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the back of this page entitled: "List of Formulary Alternatives for Non-formulary Medications." Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30-day supply at a retail pharmacy or 90-day supply at the mail order pharmacy. The mail order pharmacy, also known as Home Delivery, is the most cost-effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if "medical necessity" can be established by your physician, with review by Express Scripts, Inc. For more information on "medical necessity," please use the link provided at (1) at the bottom of this page.

If you have questions, please call the TRICARE Pharmacy Program at 1-877-363-1303. For assistance in converting a prescription to Home Delivery, call the Member Choice Center at 1-877-363-1433 or use the on-line conversion tool at the link provided at (2) at the bottom of this page. We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

Thomas J. McGinnis  
Rear Admiral, R.Ph., USPHS  
Chief, Pharmaceutical Operations Directorate

(1) <http://www.tricare.mil/mybenefit/home/Prescriptions/Medications/UniformFormulary/MedicalNecessity?>

(2) <http://www.express-scripts.com/tricare>

## List of Formulary Alternatives for Non-formulary Medications

### Co-pay Changes Effective 6 October, 2010

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
<b>Triptans</b>	
Co-pay = \$22 Sumavel DosePro (Sumatriptan needle free) – injection	Co-pay = \$9 Imitrex Statdose (sumatriptan) – injection  Co-pay = \$3 Sumatriptan succinate (generic) – injection
<b>Alpha Adrenergic Blocking Agents</b>	
Co-pay = \$22 Rapaflo (silodosin) – capsule Cardura XL (doxazosin extended release) tablet	Co-pay = \$9 Uroxatral (alfusosin) - tablet  Co-pay = \$3 Tamsulosin (generic) – capsule Doxazosin (generic) – tablet Terazosin (generic) – capsule

Has your permanent address changed?

If so, please contact DEERS at 1-800-538-9552 or at [www.tricare.mil/deers](http://www.tricare.mil/deers)