



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE  
HEALTH AFFAIRS  
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FALLS CHURCH, VIRGINIA 22041-3206

TRICARE  
MANAGEMENT  
ACTIVITY

December 2009

Dear TRICARE Beneficiary:

We are writing to inform you of recent changes to the Department of Defense (DoD) TRICARE Pharmacy Program Uniform Formulary. On October 28, 2009, the Director, TRICARE Management Activity approved recommendations from the DoD Pharmacy & Therapeutics (P&T) Committee for recently Food and Drug Administration approved drugs in several categories. The DoD P&T Committee selected the most clinically effective and cost-effective medications for inclusion on the Uniform formulary (Tier 1 & Tier 2) and designated other products as non-formulary (Tier 3).

Your medication history indicates that you are using, or have used, at least one of the non-formulary medications recently. For a more cost-effective treatment option, we encourage you to talk to your health care provider about using one of the formulary medications listed in the table on the enclosed page titled "List of Formulary Alternatives for Non-formulary Medications." Non-formulary medications remain available to beneficiaries at a \$22 co-pay for up to a 30-day supply at a TRICARE retail network pharmacy or 90-day supply at the mail order pharmacy. The mail order pharmacy is the most cost effective way to obtain non-formulary medications. The non-formulary co-pay may be reduced if 'medical necessity' can be established by your physician. For more information on 'medical necessity', please go to [www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications](http://www.tricare.mil/mybenefit/home/Prescriptions/Medications/Non-FormularyMedications).

For questions, call pharmacy customer service at 1-877-363-1303. For assistance in converting a prescription to Mail Order, call the Member Choice Center at 1-877-363-1433, or use the online conversion tool at [www.express-scripts.com/TRICARE](http://www.express-scripts.com/TRICARE). We at TRICARE are proud to serve our nation's military heroes and their families and are committed to providing them the best possible health care.

Sincerely,

C. S. Hunter  
RADM, MC, USN  
Deputy Director

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## List of Formulary Alternatives for Non-formulary Medications

### Co-pay Changes Effective December 30, 2009

Non-Formulary (Tier 3) Medications	Formulary Medications (Tier 1 & Tier 2)
Targeted Immunobiologics (TIBs)	
Co-pay = \$22 Simponi (golimumab) – injection Cimzia (certolizumab) – injection	Co-pay = \$9 Humira (adalimumab) – injection
Alpha Blockers for BPH	
Co-pay = \$22 Rapaflo (silodosin) – capsule	Co-pay = \$3 Doxazosin (generics) – tablet Terazosin (generics) – tablet  Co-pay = \$9 Uroxatral (alfuzosin) – tablet
PDE-5 Inhibitors	
Co-pay = \$22 Viagra (sildenafil) – tablet Cialis (tadalafil) – tablet	Co-pay = \$9 Levitra (vardenafil) – tablet

Has your permanent address changed?

If so, please contact DEERS at 1-800-538-9552 or at [www.tricare.mil/deers](http://www.tricare.mil/deers)