

Options for Filling Your Prescriptions

The TRICARE® Pharmacy Program is designed to provide the medications you need in a safe, convenient, cost-effective manner.

Your TRICARE pharmacy benefit offers three convenient ways for you and your family to fill prescriptions:

1. Military Treatment Facility (MTF) pharmacies
2. TRICARE Pharmacy Home Delivery
3. TRICARE network and non-network retail pharmacies

It is important to know what your options are for the type of prescriptions you need to fill.

Maintenance Medications

Maintenance medications are those you take on a regular, on-going basis for chronic conditions. These might be your medications for high cholesterol, high blood pressure or diabetes.

TRICARE Pharmacy Home Delivery is the best option for maintenance medications both generic and brand-name. There are many benefits to using home delivery including:

- Free formulary generics
- Automatic refills
- Multiple checkpoints that enhance safety and accuracy
- Delivery to the address of your choice at no cost for standard shipping
- Access to a pharmacist 24/7

Visit <https://www.express-scripts.com/TRICARE/benefits/homedelivery.shtml> to learn more about home delivery.

You can also fill your maintenance medications at a MTF pharmacy. You may receive up to a 90-day supply of most medications at no cost. Most military pharmacies accept prescriptions written by both civilian and military providers, regardless of whether or not you are enrolled at the military hospital or clinic.

Using an MTF pharmacy is a good option for:

- Active duty military and dependents
- Those who live close to a military base and/or schedule doctor appointments at an MTF

Not all medications are available at military pharmacies, and non-formulary medications are generally not carried. It's important to check to see if your prescribed medication is available at your MTF by calling the pharmacy before you visit. Visit TRICARE.mil to obtain the contact information for your MTF.

As of October 1, 2015, TRICARE beneficiaries are required to fill select maintenance medication through Home Delivery or a military pharmacy. Active duty service members are exempt. If you do fill your select maintenance medication at a retail pharmacy, you will pay 100% of the cost. To find out which of your medications might be included, call Express Scripts 1-877-363-1303.

Short-Term Medications

Short-term medications are medications you may be prescribed in an emergency, pre- and post-surgery or if you experience sudden illnesses like the flu, bronchitis or sinus and ear infections.

Filling short-term medications at an MTF pharmacy is your least expensive option. If there is not an MTF Pharmacy conveniently located near you, your TRICARE Pharmacy Benefit provides access to a network of approximately 57,000 retail pharmacies in the United States and the U.S. territories of Guam, the Northern Mariana Islands, Puerto Rico and the U.S. Virgin Islands. To find a participating in-network pharmacy near you, visit [the TRICARE Pharmacy Program site](#).

However, at in-network pharmacies, formulary medications cost more compared to filling at an MTF pharmacy and medications not listed on the formulary have even higher costs.

If you choose a non-network pharmacy, this option has the highest cost for you and your family. You will pay the full price of your medication up-front and file a claim for reimbursement which is subject to deductibles, out-of-network cost shares and TRICARE required copayments.

Interested in enrolling in TRICARE Pharmacy Home Delivery? It's easy!

- **Online:** You can order refills quickly and easily using your online account. Payment by check card or credit card is required unless you are an active duty member.
- **Mail:** Fill out the Mail Order Registration Form (www.express-scripts.com/TRICARE/benefits/dodMailOrderForm.pdf) and mail the form and your 90-day prescription to the address listed on the form.
- **Phone:** Call 1-877-363-1303 and have your prescription bottle handy. A patient care advocate will work with your doctor to transfer your maintenance medications to Home Delivery.
- **Military Treatment Facility (MTF):** Ask your pharmacist if your prescriptions can be automatically transferred to Home Delivery.

The choice is yours. By selecting a lower cost option for yourself, you'll also be helping TRICARE to keep its costs down so they can continue to offer you the robust benefit you deserve.