Express Scripts Prescription Monitoring Program

Military Treatment Facilities 2016



What is the Prescription Monitoring Program?

The Prescription Monitoring Program identifies TRICARE® beneficiaries who exhibit possible unsafe behavior with regard to controlled medications and implements restrictions to prevent or decrease the risk of substance abuse.





Beneficiary Enrollment

Beneficiaries can be enrolled in the program via:

- Military Treatment Facility (MTF)
- Active Duty candidates identified via ESI quarterly query are forwarded to DHA Pharmacy Analytics Support Section (PASS) to parse out to MTF

Identification Criteria

Beneficiaries are identified using the 18-10-10 criteria (6 month review period)

- 18 or more controlled substance claims
- Claims from 10 or more unique pharmacies
- Claims from 10 or more unique prescribers

Raw score is calculated by combining total number of controlled substance claims and count of pharmacies and prescribers utilized

- Additional criteria considered:
 - Morphine Equivalent Dose (MED) Rate
 - Acetaminophen (APAP) Outliers
 - Drug Cocktail, for example: Holy Trinity; Las Vegas Cocktail; Houston Cocktail
 - Suboxone & Opioid Utilization



Beneficiary Restriction

- Restriction is managed by MTF point of contact provided on initial request form
- Providers, Pharmacists, and/or Nurses at the MTFs request restriction via MTF Restriction Request form
- MTFs communicate directly with ESI regarding the beneficiary's restriction
- ESI facilitates the restriction and associated requests including modifications and removals
- Beneficiaries must contact MTF regarding any information about their restriction, including removal from the program



MTF Restriction Process

The MTF will communicate specific beneficiary restrictions to ESI's Prescription Monitoring Department via the MTF Restriction Request form, designating one of three restriction options:

Type I Lock: Restrict ALL medications for a beneficiary to a specific pharmacy or list of pharmacies and/or prescriber or list of prescribers

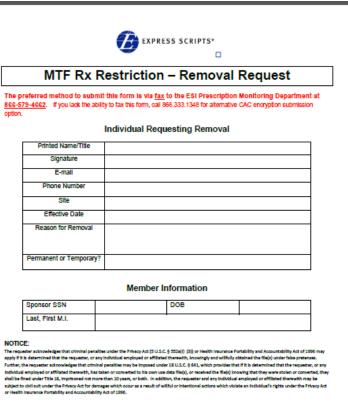
Type II Lock: Restrict controlled medications for a beneficiary to a specific pharmacy or list of pharmacies and/or prescriber or list of prescribers

Type III Lock: Exclude controlled substances or specific non-controlled substances at mail order or retail pharmacy

MTF Restriction Forms

Restricted Beneficiary's Information Is member assigned to a WTU:	
MTF Rx Restriction Request Form The preferred method to submit this form is via fax to the ESI Prescription Monitoring	
The preferred method to submit this form is via fax to the ESI Prescription Monitoring Department at 866-579-4662. If you lick the ability to fax this form, betase email the ESI Prescription Monitoring Dept. IllicaRETTIOpromes.acripts.com to advise - ESI will provide an alternative option for submitting the form. "A Check Box Must Be Selected From Below When the Request Form is Submitted" New Request Date:	EXPRESS SCRIPTS*
The preferred method to submit this form is via fax to the ESI Prescription Monitoring Department at 866-579-4662. If you lick the ability to fax this form, betase email the ESI Prescription Monitoring Dept. IllicaRETTIOpromes.acripts.com to advise - ESI will provide an alternative option for submitting the form. "A Check Box Must Be Selected From Below When the Request Form is Submitted" New Request Date:	MTF Rx Restriction Request Form
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Override and Removal Forms

To obtain a Restriction Override or Restriction Removal form or to coordinate alternate CAC encrypted submission option, email the ESI Prescription Monitoring Department at TRICARE111@express-scripts.com or call 866-333-1348.

MTF Form Submission

- Preferred submission method is to send a fax to the ESI Prescription
 Monitoring Department at 866-579-4662
- CAC Encrypted is available if fax is not an option

Lock-In Edit and Rejection – System Messaging

* For beneficiaries with restrictions established in the Prescription Monitoring Program *

Military Treatment Facility

- The MTF Lock-in edit is an override-able warning that is triggered by restrictions established through the Prescription Monitoring Program
- ESI will return a warning message if an unauthorized provider and/or pharmacy attempts to prescribe/dispense a medication
- Lock-in warnings at MTFs can be overridden by the MTF pharmacy

Retail and Mail Order Pharmacies

- ESI will return rejections to the pharmacy and the prescription will not process
- Lock-in rejections at retail and mail order pharmacies can not be overridden by the pharmacy



MTF PHARMACY REJECT MESSAGE:
M2 RECIPIENT LOCKED-IN. HAVE BENEFICIARY CALL 800-332-5455 x 340567



Reporting

- CDRL Q100 Prescription Monitoring Program report is submitted monthly to PASS
 - Monthly Restriction Activity (New, Removal, Modification, etc.)
 - Program to Date Restriction Details
 - Non-Restricted Candidates Beneficiaries identified as possible candidates
 - Non-Compliant Beneficiaries Beneficiaries attempting to fill outside of lock in criteria
 - MTF Program Compliance by Site
- Q100 is available to MTFs via the PASS server per request to: <u>dha.jbsa.pharmacy.mbx.pass@mail.mil</u>



Contact ESI Prescription Monitoring Department for ad-hoc reporting needs.

Prescription Monitoring Program Contact Information



Email

TRICARE111@express-scripts.com



Phone

866-333-1348



Fax

866-579-4662

Mail



Express Scripts, Inc.

Prescription Monitoring Dept.

8455 University Place Dr.

St. Louis, MO 63121

Mail Route HQ2 1-09

We strive to respond to all email and voice mail messages within 24 business hours.

Hours of Operation: 8:00 a.m. - 6:00 p.m. CST



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