This list provides examples of commonly prescribed generic preventive medicines. It is not an all-inclusive list; only examples of medicines in each category are listed.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan’s drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medicine.

**Asthma/COPD**
- albuterol
- budesonide
- cromolyn oral inhalation
- ipratropium/albuterol oral inhalation
- ipratropium oral inhalation
- metaproterenol
- montelukast
- terbutaline
- theophylline
- zafirlukast
- zileuton er

**Bone Disease and Fractures**
- alendronate
- ibandronate
- raloxifene
- risedronate
- zoledronic acid 5mg

**Cavities**
- sodium fluoride rinse, gel, cream, tabs and drops
- stannous fluoride rinse

**Colonoscopy Preparation**
- polyethylene glycol

**Diabetes**
- acarbose
- chlorpropamide
- generic syringes, lancets and needles
- glimepiride
- glipizide and combinations
- glyburide and combinations
- dextrose
- metformin
- miglitol
- nateglinide
- pioglitazone and combinations
- repaglinide and combinations

**Heart Disease and Stroke**

**Blood Thinner Medicines:**
- aspirin, 81 mg & 325 mg*
- aspirin-dipyridamole er
- clopidogrel
- dipyridamole
- ticlopidine
- warfarin

**Cholesterol Lowering Medicines**

**HMG-CoA Reductase Inhibitors:**
- atorvastatin
- fluvastatin
- lovastatin
- pravastatin
- rosuvastatin
- simvastatin

**Other Agents:**
- cholestyramine
- colestipol
- ezetimibe
- ezetimibe/simvastatin
- fenofibrate
- fenofibric acid
- gemfibrozil
- niacin

**High Blood Pressure**

**ACE Inhibitors:**
- benazepril
- captopril
- enalapril
- fosinopril
- lisinopril
- moexipril
- perindopril
- quinapril
- ramipril
- trandolapril

**ACE Inhibitors/Diuretic Combinations:**
- benazepril/hctz
- captopril/hctz
- enalapril/hctz
- fosinopril/hctz
- lisinopril/hctz
- moexipril/hctz
- quinapril/hctz

**Angiotensin II Receptor Antagonists:**
- candesartan
- irbesartan
- losartan
- olmesartan
telmisartan
- valsartan

**Angiotensin II Receptor Antagonists/Diuretic Combinations:**
- candesartan/hctz
- irbesartan/hctz
- losartan/hctz
- olmesartan/hctz
telmisartan/hctz
- valsartan/hctz
# CDH Preventive Medicine List

<table>
<thead>
<tr>
<th><strong>BETA BLOCKERS:</strong></th>
<th><strong>DIURETICS:</strong></th>
<th><strong>SMOKING-CESSATION:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>acebutolol</td>
<td>chlorothiazide</td>
<td>bupropion sr 150mg</td>
</tr>
<tr>
<td>betaxolol</td>
<td>chlorthalidone</td>
<td>nicotine products</td>
</tr>
<tr>
<td>atenolol</td>
<td>hydrochlorothiazide</td>
<td></td>
</tr>
<tr>
<td>bisoprolol</td>
<td>indapamide</td>
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<tr>
<td>metoprolol</td>
<td>metolazone</td>
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<tr>
<td>nadolol</td>
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<tr>
<td>propranolol</td>
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</tr>
<tr>
<td><strong>BETA BLOCKERS/DIURETIC COMBINATIONS:</strong></td>
<td></td>
<td><strong>VITAMINS OR MINERALS:</strong></td>
</tr>
<tr>
<td>atenolol/chlorthalidone</td>
<td></td>
<td>folic acid*</td>
</tr>
<tr>
<td>bisoprolol/hctz</td>
<td></td>
<td>generic prenatal vitamins</td>
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<tr>
<td>metoprolol/hctz</td>
<td></td>
<td>generic pediatric multivitamins with fluoride*</td>
</tr>
<tr>
<td>nadolol/bendroflumethiazide</td>
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<tr>
<td>propranolol/hctz</td>
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<td></td>
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<tr>
<td><strong>CALCIUM CHANNEL BLOCKERS:</strong></td>
<td><strong>OTHER HIGH BLOOD PRESSURE MEDICINE COMBINATIONS:</strong></td>
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</tr>
<tr>
<td>amlodipine</td>
<td>amlodipine/atorvastatin</td>
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<tr>
<td>diltiazem</td>
<td>amlodipine/benazepril</td>
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<tr>
<td>felodipine er</td>
<td>amlodipine/olmesartan</td>
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<tr>
<td>isradipine</td>
<td>amlodipine/olmesartan/hctz</td>
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</tr>
<tr>
<td>nicardipine</td>
<td>amlodipine/telmisartan</td>
<td></td>
</tr>
<tr>
<td>nifedipine</td>
<td>amlodipine/valsartan</td>
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</tr>
<tr>
<td>nisoldipine</td>
<td>amlodipine/valsartan/hctz</td>
<td></td>
</tr>
<tr>
<td>verapamil</td>
<td>trandolapril/verapamil</td>
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<tr>
<td><strong>MALARIA</strong></td>
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<tr>
<td>atovaquone/proguanil</td>
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<tr>
<td>chloroquine</td>
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<td>mefloquine</td>
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<tr>
<td><strong>OBESITY</strong></td>
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<td>phentermine</td>
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</tbody>
</table>

*Please note that some of these medicines are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website express-scripts.com.

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