

2026 TRS-Care Standard | Preventive Medications List

This list has examples of commonly prescribed preventive medications. It is not a complete list; but many examples of medications in each category are listed. This list does not indicate coverage. Please check your benefit information materials or call Express Scripts at (855) 778-1459 if you have questions on coverage. Your Plan's drug coverage and formulary plan determine your cost share. Your plan may not provide coverage for every strength or dosage form of a listed medication before you meet your deductible.

ANTI-INFECTIVES

ANTIRETROVIRAL AGENTS

emtricitabine/ tenofovir disoproxil fumarate 200/300mg

ANTICOAGULANTS/ ANTIPLATELETS

ANTICOAGULANTS

enoxaparin
fondaparinux
warfarin
Jantoven

PLATELET AGGREGATION INHIBITORS

clopidogrel
dipyridamole
dipyridamole ext-rel/aspirin

Over-the-counter (OTC) products require a prescription. Coverage may vary by plan.

ANTICONVULSANTS

carbamazepine
carbamazepine ext-rel
clobazam
clonazepam
divalproex sodium delayed-rel
divalproex sodium ext-rel
ethosuximide
Felbamate
lacosamide
lamotrigine
lamotrigine ext-rel
levetiracetam
levetiracetam ext-rel
oxcarbazepine
phenobarbital
phenytoin
phenytoin sodium extended
primidone
rutinamide

tiagabine
topiramate
topiramate ext-rel
valproic acid
vigabatrin
zonisamide
Epitol

ASTHMA/COPD

budesonide oral inhalation
cromolyn nebulizer solution
montelukast
zafirlukast
zileuton er

CARDIOVASCULAR CONDITIONS - OTHER

ANTIARRHYTHMIC AGENTS

amiodarone
disopyramide
dofetilide
flecainide
propafenone
propafenone ext-rel
sotalol
sotalol AF
Pacerone

ORAL ANTIANGINAL AGENTS

isosorbide dinitrate
isosorbide mononitrate
isosorbide mononitrate ext-rel

Sublingual and chewable formulations are not included on this list.

TRANSDERMAL/TOPICAL ANTIANGINAL AGENTS

nitroglycerin transdermal

DIABETES

ORAL DIABETES AGENTS

acarbose
generic syringes, lancets and needles
glimepiride
glipizide
glipizide er
glipizide ext-rel
glipizide/metformin
glyburide
glyburide micronized
glyburide/metformin
metformin
metformin er
metformin ext-rel
miglitol
nateglinide
pioglitazone
pioglitazone/glimepiride
pioglitazone/metformin
repaglinide
repaglinide/metformin

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
dabigatran
prasugrel

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
fluvastatin
fluvastatin er
lovastatin
pravastatin
rosuvastatin
simvastatin

(over, please)

2026 TRS-Care Standard | Preventive Medications List

OTHER CHOLESTEROL LOWERING AGENTS

amlodipine/atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
fenofibric acid dr
gemfibrozil
icosapent ethyl
niacin
niacin er
prevalite

HYPERTENSION

ACE INHIBITORS/ANGIOTENSIN II RECEPTOR ANTAGONISTS AND COMBINATION AGENTS

amlodipine/benazepril
benazepril
benazepril/hydrochlorothiazide
candesartan
candesartan/hydrochlorothiazide
captopril
captopril/hydrochlorothiazide
enalapril
enalapril/hydrochlorothiazide
eprosartan
fosinopril
fosinopril/hydrochlorothiazide
irbesartan
irbesartan/hydrochlorothiazide
lisinopril
lisinopril/hydrochlorothiazide
losartan
losartan/hydrochlorothiazide
moexipril
olmesartan
olmesartan/hydrochlorothiazide
perindopril
quinapril
quinapril/hydrochlorothiazide
ramipril
telmisartan
telmisartan/hydrochlorothiazide
trandolapril
trandolapril/verapamil ext-rel
valsartan
valsartan/hydrochlorothiazide

BETA-BLOCKERS AND COMBINATION AGENTS

acebutolol
atenolol
atenolol/chlorthalidone
betaxolol
bisoprolol
bisoprolol/hydrochlorothiazide
carvedilol
carvedilol phosphate ext-rel
labetalol
metoprolol
metoprolol/hydrochlorothiazide
metoprolol succinate er
metoprolol succinate ext-rel
metoprolol tartrate
nadolol
nadolol/bendroflumethiazide
nebivolol
pindolol
propranolol
propranolol er
propranolol ext-rel
timolol
timolol maleate

CALCIUM CHANNEL BLOCKERS AND COMBINATION AGENTS

amlodipine
Cartia XT
Dilt-XR
diltiazem
diltiazem cd
diltiazem er
diltiazem ext-rel
diltiazem XR
felodipine er
felodipine ext-rel
isradipine
matzim la
nicardipine
nifedipine
nifedipine er
nifedipine ext-rel
nisoldipine er
nisoldipine ext-rel
Taztia XT
tiadylt er
verapamil
verapamil er
verapamil er pm
verapamil ext-rel
verapamil sr

DIURETICS

amiloride/hydrochlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
spironolactone/hydrochlorothiazide
triamterene/hydrochlorothiazide

OTHER ANTIHYPERTENSIVE AGENTS

aliskiren
amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/
hydrochlorothiazide
amlodipine/telmisartan
amlodipine/valsartan/
hydrochlorothiazide
amlodipine/valsartan/
hydrochlorothiazide
clonidine
clonidine transdermal
guanfacine
hydralazine
minoxidil
olmesartan/amlodipine/
hydrochlorothiazide
trandolapril/verapamil er

MENTAL HEALTH

ANTIDEPRESSANTS

amitriptyline
amoxapine
bupropion
bupropion ext-rel
citalopram
desipramine
desvenlafaxine ext-rel
doxepin
duloxetine delayed-rel
escitalopram
fluoxetine
fluoxetine delayed-rel
imipramine HCl
imipramine pamoate
mirtazapine
nortriptyline
paroxetine HCl
paroxetine HCl ext-rel
phenelzine
protriptyline
sertraline
tranylcypromine
trazodone
trimipramine
venlafaxine
venlafaxine ext-rel
vilazodone

2026 TRS-Care Standard | Preventive Medications List

ANTIPSYCHOTICS

aripiprazole
 asenapine
 chlorpromazine
 clozapine
 fluphenazine
 fluphenazine decanoate
 haloperidol
 loxapine
 olanzapine
 olanzapine orally disintegrating tabs
 paliperidone
 perphenazine
 quetiapine
 quetiapine ext-rel
 risperidone
 thioridazine
 thiothixene
 trifluoperazine
 ziprasidone

OBSESSIVE COMPULSIVE DISORDER

fluvoxamine
 fluvoxamine ext-rel
 clomipramine

OSTEOPOROSIS

alendronate
 calcitonin
 calcitonin/salmon
 ibandronate
 raloxifene
 risedronate
 zoledronic acid 5mg/100mL

PREVENTIVE CARE SERVICES

AGENTS FOR CHEMICAL DEPENDENCY

acamprosate calcium
 buprenorphine sublingual
 buprenorphine/naloxone sublingual
 disulfiram
 naltrexone
 Depade

BOWEL PREPARATIONS

peg 3350/electrolytes
 sodium sulfate/ potassium sulfate/ magnesium sulfate
 Gavilyte

SMOKING DETERRENTS

bupropion ext-rel
 bupropion sr 150mg
 nicotine gum, lozenges and patches
 nicotine polacrilex
 nicotine transdermal
 varenicline

Over-the-counter (OTC) products require a prescription. Coverage may vary by plan.

VARIOUS CONDITIONS

ANTIMALARIAL AGENTS

atovaquone/proguanil
 chloroquine
 mefloquine
 primaquine

DENTAL CARIES PREVENTION

sodium fluoride

IMMUNOSUPPRESSIVE AGENTS

cyclosporine caps
 everolimus
 mycophenolate mofetil
 mycophenolate sodium delayed-rel
 sirolimus
 tacrolimus
 Gengraf

MULTIPLE SCLEROSIS AGENTS

glatiramer
 dimethyl fumarate delayed-rel
 fingolimod

VITAMINS OR MINERALS

folic acid*
 generic prenatal vitamins
 generic pediatric multivitamins with fluoride*

WOMEN'S HEALTH

ANTIESTROGENS

tamoxifen

AROMATASE INHIBITORS

anastrozole
 exemestane
 letrozole

CONTRACEPTIVES

CONTRACEPTIVES - ALL GENERIC PRESCRIPTION FORMULATIONS

Over-the-counter (OTC) emergency contraceptive products require a prescription. Coverage may vary by plan.

*These medications are subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.