

2026 TRS-ActiveCare | Preventive Medications List

This list provides examples of commonly prescribed preventive medications. It is not a complete list, but many examples of medications in each category are listed. This list does not indicate coverage. Please check your benefit information materials or call Express Scripts at (844) 367-6108 if you have questions on coverage. Your plan's drug coverage and formulary plan determine your cost share. Your plan may not provide coverage for every strength or dosage form of a listed medication before you meet your deductible.

ANTI-INFECTIVES

ANTIRETROVIRAL AGENTS

emtricitabine/tenofovir disoproxil fumarate 200/300mg

ANTICOAGULANTS/ANTIPLATELETS

ANTICOAGULANTS

warfarin
Jantoven

PLATELET AGGREGATION INHIBITORS

clopidogrel

ASTHMA/CO PD

ALBUTEROL
ARFORMOTEROL
BECLOMETHASONE
BUDESONIDE-FORMOTEROL
FLUTICASONE
FLUTICASONE-SALMETEROL
IPRATROPIUM BROMIDE
IPRATROPIUM-ALBUTEROL
montelukast
THEOPHYLLINE
WIXELA

DIABETES

ORAL DIABETES AGENTS

acarbose
generic syringes, lancets and needles
DAPAGLIFLOZIN
DAPAGLIFLOZIN-METFORMIN ER
DAPAGLIFLOZIN-SAXAGLIPTIN
glimepiride
glipizide
glipizide er
glyburide
glyburide micronized
metformin
metformin er
nateglinide
pioglitazone
repaglinide

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin 81mg
prasugrel

CHOLESTEROL LOWERING

HMG-COA REDUCTASE INHIBITORS*

atorvastatin
lovastatin
pravastatin
rosuvastatin
simvastatin

OTHER CHOLESTEROL LOWERING AGENTS

ezetimibe fenofibrate
fenofibric acid dr
gemfibrozil
PREVALITE

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HYPERTENSION

ACE INHIBITORS/ANGIOTENSIN II RECEPTOR ANTAGONISTS AND COMBINATION AGENTS

amlodipine/benazepril
benazepril
candesartan
captopril/hydrochlorothiazide
enalapril
enalapril/hydrochlorothiazide
fosinopril
fosinopril/hydrochlorothiazide
irbesartan
irbesartan/hydrochlorothiazide
lisinopril
lisinopril/hydrochlorothiazide
losartan
losartan/hydrochlorothiazide
moexipril
olmesartan
olmesartan/hydrochlorothiazide
perindopril
quinapril
quinapril/hydrochlorothiazide
ramipril
telmisartan
trandolapril
valsartan
valsartan/hydrochlorothiazide

BETA-BLOCKERS AND COMBINATION AGENTS

acebutolol
atenolol
atenolol/chlorthalidone
betaxolol
bisoprolol
bisoprolol/hydrochlorothiazide
metoprolol
metoprolol succinate er
metoprolol tartrate
nadolol nebivolol
propranolol
propranolol er
timolol maleate

CALCIUM CHANNEL BLOCKERS AND COMBINATION AGENTS

amlodipine
Cartia XT
Dilt-XR
diltiazem
diltiazem cd
diltiazem er
diltiazem XR
felodipine er
nifedipine
nifedipine er
nisoldipine ext-rel
verapamil
verapamil er

DIURETICS

chlorthalidone
hydrochlorothiazide
indapamide
METOLAZONE

MENTAL HEALTH

ANTIDEPRESSANTS

citalopram
escitalopram
fluoxetine
paroxetine HCl
paroxetine HCl ext-rel
sertraline

OBSESSIVE COMPULSIVE DISORDER

Fluvoxamine

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OSTEOPOROSIS

alendronate
ibandronate
raloxifene
risedronate
zoledronic acid 5 mg/100 ml

PREVENTIVE CARE SERVICES

BOWEL PREPARATIONS

peg 3350/electrolytes
sodium sulfate/ potassium sulfate/
magnesium sulfate
Gavilyte

SMOKING DETERRENTS

nicotine gum, lozenges and patches
nicotine polacrilex
nicotine transdermal
varenicline

Over-the-counter (OTC) products require a prescription. Coverage may vary by plan.

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins
with fluoride*

WOMEN'S HEALTH

ANTIESTROGENS

tamoxifen

AROMATASE INHIBITORS

anastrozole
exemestane

CONTRACEPTIVES

CONTRACEPTIVES - ALL GENERIC PRESCRIPTION FORMULATIONS

Over-the-counter (OTC) emergency
contraceptive products require a prescription.
Coverage may vary by plan.

*These medications are subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.