EVERNORTH
HEALTH SERVICES

3-Month Supplies
Frequently Asked Questions

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1. **What is a 3-month supply network?**
   It's a feature of your prescription plan managed by Express Scripts® Pharmacy Benefit Services. With it, you have two ways to get up to a 3-month supply of your long-term medications (those medications you take regularly for ongoing conditions, such as high blood pressure, diabetes or high cholesterol). You can conveniently fill those prescriptions either through home delivery from Express Scripts® Pharmacy or at any participating retail pharmacy. There is no extra cost for this feature, and it could even save you money compared to filling three 1-month supplies.

2. **How many pharmacies are available to me?**
   You can go to any participating retail pharmacy. If you need help locating one, visit express-scripts.com and click "Prescriptions," then "Find a Pharmacy."

3. **What is the advantage of getting up to a 3-month supply vs. a 1-month supply?**
   Taking a medication shouldn't be a hassle. That's why at Express Scripts we ensure that you receive the right medication, at the right pharmacy, for the right days' supply. With a 3-month supply, you'll make fewer trips to the pharmacy, and you'll be less likely to miss a dose since you won't be refilling as often. Additionally, a 3-month supply typically costs LESS than three 1-month supplies. You could save two copays a year — or an average of 34%. And whether you fill your 3-month supply through home delivery or at any participating retail pharmacy,* you'll only pay one copay.

4. **How do I get a 3-month supply of my medication?**
   You can have Express Scripts Pharmacy deliver it (with standard shipping included) by visiting **express-scripts.com/3month**. You can also fill your prescription at any participating retail pharmacy.

5. **What is the difference between long-term medications and my other medications?**
   Long-term medications are those you take regularly for ongoing conditions, such as high blood pressure, diabetes or high cholesterol. Medications not considered "long-term" include antibiotics and others you take for short periods of time. Under your plan, you can fill these prescriptions at any participating retail pharmacy in your network.

6. **I already use home delivery from Express Scripts Pharmacy to get 3-month supplies of my long-term medications. Do I need to change anything?**
   No. However, if you have additional questions, feel free to call Express Scripts at the number listed on your ID card. Log in at **express-scripts.com** for more information.

*Price may vary slightly for coinsurance plans.

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