COVERAGE MANAGEMENT PROGRAMS

The purpose of coverage management programs is to help improve the quality of care by encouraging the right patient and provider behaviors to avoid compromised care and unnecessary costs.

How coverage management works

Certain medications may require approval through a coverage review before they will be covered. This review uses plan rules based on FDA-approved prescribing and safety information, clinical guidelines, and uses that are considered reasonable, safe, and effective. There are three different coverage management programs under your plan: **Prior Authorization, Step Therapy, and Quantity Management.**

During a coverage review, Express Scripts contacts your doctor for more information before the medication will be covered under your plan. If you know in advance that your prescription requires a coverage review, ask your doctor to call the coverage review team before you go to the pharmacy. This call will initiate a review, which typically takes one to two business days. Once the review is complete, Express Scripts will send a letter to notify you and your doctor of its decision. If the review is approved, the letter will tell you the length of your coverage approval. If coverage is denied, the letter will include the reason for coverage denial and instructions on how to submit an appeal.

The coverage review process

To save you time and help avoid any confusion, we'd like to highlight the coverage review process, both at a retail pharmacy and through mail order.

At a retail pharmacy in your plan's network:

- You take the prescription to your local pharmacist, who submits the information to Express Scripts. If a coverage review is necessary, Express Scripts automatically notifies the pharmacist, who in turn tells you that the prescription needs to be reviewed or requires "prior authorization."
- As an enrolled member, you, the pharmacist, or your doctor may start the review process by calling directly the Express Scripts managed care department toll-free at (800) 753-2851, 8:00 a.m. to 9:00 p.m., Eastern Time, Monday through Friday. Your doctor can request a coverage review by visiting the Express Scripts online portal at esrx.com/PA.
- Express Scripts contacts your doctor requesting more information than what is on the prescription. After receiving the necessary information, Express Scripts notifies you and the doctor (usually within 1 to 2 business days) confirming whether or not coverage has been approved.
- If coverage is approved, you simply pay your normal coinsurance for the medication. If coverage is not approved, you will be responsible for the full cost of the medication or, if appropriate, you can talk to your doctor about alternatives that may be covered. (You have the right to appeal the decision. Information about the appeal process will be included in the letter that you receive.)
- Special note: If your plan has a limit on the amount of medication covered, your pharmacist can fill your prescription up to the amount allowed. If the prescription exceeds the amount covered by your plan, Express Scripts will alert the pharmacist whether a coverage review is available to obtain an additional amount.





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Through the Express Scripts Pharmacy®, your mail-order service:

- Ask your doctor to send in your prescription electronically, or you can mail the prescription to Express Scripts.
- If a coverage review is necessary to obtain coverage for the medication, Express Scripts contacts your doctor, requesting more information than what is on the prescription. After receiving the necessary information, Express Scripts notifies you and the doctor (usually within 1-2 business days), confirming whether or not coverage has been approved.
- If coverage is approved, you receive your medication and simply pay your normal coinsurance for the medication. If coverage is not approved, the prescription is returned to you. (You have the right to appeal the decision. Information about the appeal process will be included in the letter that you receive.)
- Special note: If your plan has a limit on the amount of medication, then Express Scripts will only dispense the amount allowed. Express Scripts will send you a statement that explains the limit and tells you whether a coverage review is available to obtain an additional amount.

Below is a list of each coverage management program with the corresponding partial list of medications. To find out more about coverage reviews, prior authorization, and coverage on your medications, please call the *LM HealthWorks* Plan at **(877) 458-4975.** Member Services will assist with drug coverage and any questions you may have before connecting the caller (your pharmacist, doctor or yourself) to the managed care department to initiate the case.

Prior Authorization—Some medications require that you obtain approval through a coverage review before the medication can be covered under your plan. The coverage review process will allow the benefit manager to obtain information not available on your original prescription to determine whether a given medication qualifies for coverage under your plan. Medications are periodically added to these programs when new FDA-approved drugs become available. If you are getting the prescription filled through a retail pharmacy, your pharmacist will be notified that the drug cannot be filled without prior approval and that your physician must call to get approval for the prescription. Your doctor can also request a coverage review using the Express Scripts online portal, esrx.com/PA.



Most Common Indication/Drug Class	<u>Targeted Drugs</u>
ACNE	Atralin, Avita, Clindamycin/Tretinoin Gel, Fabior, Retin-A, Retin-A Micro, Tazarotene, Tazorac, Tretin X, Tretinoin Topical Products, Veltin, Ziana
ATTENTION DEFICIT DISORDER	Adderall, Adderall XR, Adzenys XR-ODT, Amphetamine Salt Combo, Aptensio XR, Concerta, Daytrana, Desoxyn, Dexedrine, Dexamethylphenidate /ER, Dextroamphetamine, Dextroamphetamine-Amphetamine/ER, Dextrostat, Dyanavel XR, Evekeo, Focalin/XR, Intuniv, Kapvay, Metadate CD, Metadate ER, Methamphetamine HCL, Methylin/ER, Methylphenidate/ ER/CD/LA/SR, Procentra, Quillichew ER, Quillivant XR, Ritalin/LA/SR, Strattera, Vyvanse, Zenzedi
ALLERGIES	Grastek, Odactra, Oralair, Ragwitek
ANTICOAGULANT	Eliquis, Pradaxa, Sayvasa, Xarelto, Zontivity
ASTHMA/COPD	Advair Diskus, Advair HFA, Breo Ellipta, Cinqair, Daliresp, Dulera, Fasenra, Nucala, Symbicort, Xolair * Step Therapy may also be required



AUTOIMMUNE DISORDERS	Firdapse
BLOOD DISORDERS	Aranesp, Doptelet, Epogen, Fulphila, Gamifant, Granix, Mircera, Mulpleta, Neulasta, Neupogen, Nivestym, NPlate, Procrit, Promacta, Retacrit, Soliris, Tavalisse, Udenyca, Ultomisis, Zarxio
BONE CONDITIONS	Boniva, Crysvita, Forteo, Prolia, Reclast, Tymlos
CHELATING AGENTS	Chemet, Exjade, Ferriprox, Jadenu
CRYOPYRIN-ASSOCIATED PERIODIC SYNDROMES	Arcalyst, Ilaris * Step Therapy may also be required
CANCER	Afinitor, Alecensa, Alunbrig, Azedra, Bosulif, Braftovi, Cabometyx, Calquence, Caprelsa Cometriq, Copiktra, Cotellic, Daurismo, Eligard*, Erbitux, Erivedge, Erleada, Farydak, Gilotrif, Gleevec, Herceptin, IDHIFA, Ibrance, Iclusig, Imbruvica, Inlyta, Iressa, Jakafi, Kadcyla, Kisqali, Lenvima, Libtayo, Lonsurf, Lorbrena, Lyparza, Lumoxiti, Lupeneta, Lupron*, Lupron Depo*, Mekinist, Mektovi, Nerlynx, Nexavar, Ninlaro, Odomzo, Perjeta, Pomalyst, Poteligeo, Revlimid, Rituxan, Rubraca, Rydapt, Sprycel, Stivarga, Sutent Tafinlar, Tagrisso, Talzenna, Tarceva, Targretin, Tasigna, Temodar Thalomid, Tibsovo, Tykerb, Vectibix, Venclexta, Verzenio, Vitrakvi, Vizimpro, Votrient, Xalkori, Xospata, Xtandi,* Yonsa, Zejula, Zelboraf, Zydelig, Zykadia, Zytiga*



COSMETIC	Botox, Dysport, Myobloc, Xeomin
CYSTIC FIBROSIS	Orkambi, Kalydeco, Symdeko
DIABETES	Bydureon, Byetta, Symlin, Tanzeum, Trulicity, Victoza
DUCHENNE MUSCULAR DYSTROPHY	Emflaza, Exondys 51
ENDOCRINE DISORDERS	Egrifta Eligard, Korlym, Lupaneta, Lupron, Lupron Depot ,Increlex, Myalept, Natpara, Samsca, Sensipar, Signifor, Triptodur
EYE CONDITIONS	Cequa, Eylea, Lucentis, Luxturna, Macugen, Restasis, Xiidra
GASTROINTESTINAL	Xermelo
GLAUCOMA	Keveyis, Latanoprost, Lumigan, Rescula, Travatan, Travatan Z, Xalatan, Zioptan





GOUT	Krystexxa
GROWTH DEFICIENCY	Genotropin, Humatrope, Norditropin, Nutropin, Nutropin AQ, Omnitrope, Saizen, Serostim, Tev-Tropin, Zorbtive, Zomacton, Increlex * Step Therapy may also be required
HEART DISEASE	Corlanor, Entresto
HEMOPHILIA	Hemlibra, JIVI * Step Therapy may also be required
HEPATITIS C	Copegus, Daklinza, Epclusa, Harvoni, Moderiba, Mavyret, Olysio, Pegasys, Pegintron, Rebetol, Ribasphere, Ribavirin, Solvaldi, Technivie, Viekira, Vosevi, Zepatier * Step Therapy may also be required
HEREDITARY ANGIOEDEMA	Berinert, Cinryze, Firazyr, Haegarda, Kalbitor, Ruconest, Takhzyro * Step Therapy may also be required
HIGH BLOOD CHOLESTEROL	Juxtapid, Lovaza, Praluent, Repatha, Vascepa





HORMONAL SUPPLEMENTATION	Androderm, AndroGel, Aveed, Axiron, Delatestryl, Depo Testosterone, First Testosterone, First Testosterone MC, Fortesta, Striant, Testim Testopel, Testosterone Cypionate, Testosterone Enanthate, Xyosted, Makena
IDIOPATHIC PULMONARY FIBROSIS	Esbriet, Ofev
IMMUNE DEFICIENCY	Adagen, Bivigam, Carimune, Cuvitru, Flebogamma, Gammagard, Gammagard Liquid, Gammagard S/D, Gammaked, Gammaplex, Gammunex, Hizentra, Hyqvia, Octagam, Polygam, Privigen, Revcovi
INFLAMMATORY CONDITIONS	Actemra, Cimzia, Cosentyx, Enbrel, Entyvio, Humira, Ilumya, Inflectra, Kevzara, Kineret, Olumiant, Orencia, Otezla, Remicade, Renflexis, Rituxan, Siliq, Simponi, Stelara, Talz, Tremfya, Xeljanz, * Step Therapy may also be required
KIDNEY DISEASE	Jynarque
LENNOX-GASTAUT SYNDROME	Epidiolex, Onfi, Sympazan





LOW BLOOD PRESSURE	Northera
MALARIA	Daraprim
METABOLIC DISORDER / RARE INHERITED DISEASE	Chenodal, Cholbam, H.P. Acthar Gel, Galafold, Keveyis, Kuvan, Ocaliva, Onpattro, Palynziq, Spinraza, Strensiq, Syprine, Tegsedi
MIGRAINE HEADACHES	Aimovig, Ajovy,Emgality
MULTIPLE SCLEROSIS	Ampyra, Avonex, Betaseron, Copaxone, Extavia, Lemtrada, Plegridy, Ocrevus, Rebif, Tysabri * Step Therapy may also be required
MYCOBACTERIUM AVIUM COMPLEX	Arikayce





NEUROLOGICAL DISORDERS	Austedo, Gocovri, Ingrezzo, Nuedexta, Nuplazid, Osmolex ER, Xenazine
OSTEOARTHRITIS	Durolane, Euflexxa, Gel-One, Gelsyn-3, Genvisc850, Hyalgan, Hymovis, Monovisc, Orthovisc, Supartz, Synvisc, Synvisc-One
PAIN	Lidocaine Patch, Abstral, Actiq, Fentora, Lazanda, Lucemyra, Onsolis, Orilissa, Subsys
PULMONARY HYPERTENSION (PAH)	Adcirca, Adempas, Flolan, Letairis, Opsumit, Orenitram, Remodulin, Revatio, Tracleer, Tyvaso, Uptravi, Veletri, Ventavis * Step Therapy may also be required
RESPIRATORY CONDITIONS	Aralast NP, Glassia, Prolastin, ProlastinC, Zemaira * Step Therapy may also be required
RSV PREVENTION	Synagis





SICKLE CELL DISEASE	Endari
SKIN CONDITIONS	Dupixent, Mirvaso Topical Gel, Qbrexza, Rhofade, Solaraze, Zovirax
SLEEP DISORDER	Hetlioz, Modafinil, Nuvigil, Provigil, Xyrem
WEIGHTLOSS	Adipex, Adipex P, Belviq, Benzphetamine, Bontril, Contrave, Didrex, Diethylpropion, Ionamin, Phentermine, Qsymia, Regimex, Saxenda, Suprenza, Tenuate, Xenical



Step Therapy—Some medications may require you to first try one or more specified drugs to treat a particular condition before the plan will cover another (usually more expensive) drug that your doctor may have prescribed. In these cases, a coverage review will be required if certain criteria cannot be determined from past history.

Step therapy is intended to reduce costs to you and your plan by encouraging use of medications that are less expensive but can still treat your condition effectively. If you know in advance that your prescription requires a coverage review, ask your doctor to call the coverage management team before you go to the pharmacy.

To see which medications are affected by step therapy, please visit <u>express-scripts.com</u> and select "Price a Medication" from the menu under Prescriptions, or call Express Scripts Member Services.

Most Common Indication/Drug Class	<u>Targeted Drugs</u>
ALLERGY	Arbinoxa, Carbinoxamine, Karbinal ER, Ryvent
ALZHEIMER'S	Aricept, Aricept ODT, Exelon, Exelon Patch, Namenda/XR, Namzaric, Razadyne, Razadyne ER
ANTIDEPRESSANTS – BUPROPION	Aplenzin, Forfivo XL, Wellbutrin SR, Wellbutrin XL
ANTIDEPRESSANTS - Selective Serotonin Norepinephrine Reuptake Inhibitors (SNRI)	Cymbalta, Desvenlafaxine ER (brand), Desvenlafaxine fumarate ER (brand), Effexor, Effexor XR, Fetzima, Irenka, Khedezla, Pristiq, Savella, Venlafaxine ER (brand)



ANTIDEPRESSANTS - Selective Serotonin Reuptake Inhibitors	Brintellix, Brisdelle, Celexa, Fluoxetine 60 mg tablets (brand), Lexapro, Luvox CR, Paxil, Paxil CR, Pexeva, Prozac, Prozac Weekly, Sarafem, Viibryd, Zoloft
ANTIEPILEPTIC DRUGS	Briviact, Depakene, Depakote, Depakote ER/EC/DR, Keppra, Keppra XR, Lamictal, Lamictal XR, Oxtellar XR, Spritam, Stavzor, Trileptal
ANTIEPILEPTIC DRUGS - Topiramate	Qudexy XR , Topamax, Trokendi XR, Topiramate ER
ARBS	Atacand HCT, Atacand, Avalide, Avapro, Azor, Benicar, Benicar HCT, Cozaar, Diovan, Diovan HCT, Edarbi, Edarbyclor, Exforge, Exforge HCT, Hyzaar, Micardis, Micardis HCT, Teveten, Teveten HCT, Twynsta, Tribenzor
ASTHMA/COPD	Aerospan, Alvesco
AVODART	Avodart, dutasteride, dutasteride/tamsulosin, Jalyn, Proscar
BISPHOSPHONATES	Actonel, Atelvia, Boniva, Binosto, Fosamax, Fosamax Plus D
COLCHICINE	colchicine
COX-2 INHIBITORS	Celebrex, celecoxib



FENOFIBRATE	Antara, Fenofibrate (Brand), Fenoglide, Fibricor, Lipofen, Lofibra, Tricor, Triglide, Trilipix
GABAPENTIN	Gralise, Horizant, Lyrica CR, Neurontin
GAUCHER DISEASE	Elelyso, VPRIV, Zavesca
GOUT	Duzallo, Uloric, Zurampic
HIGH BLOOD CHOLESTEROL	Altoprev, Caduet, Crestor, Lescol, Lescol XL, Lipitor, Livalo, Mevacor, Pravachol, Vytorin, Zocor
HYPNOTICS	Ambien, Ambien CR, Belsomra, Edluar, Intermezzo, Lunesta, Silenor, Sonata, Rozerem, Zolpimist
INFERTILITY - FOLLITROPINS	Bravelle, Follistim AQ, Gonal-F, Gonal-F RFF
INFERTILITY - GnRH ANTAGONISTS	Chorionic Gonadotropin, Pregnyl
INFLAMMATORY CONDITIONS	Anusol HC Supp, Protocort Supp
INHALED CORTICOSTEROIDS	Aerospan, Alvesco



LONG-ACTING OPIOIDS (ORAL)	Avinza, Belbuca, Butrans, Disket, Dolophine, Duragesic, Embeda, Exalgo, Hydromorphone ER, Hysingla ER, Kadian, Methadose, Morphine Sulfate, MS Contin, Nucynta ER, Opana ER, OxyContin, Oxycodone ER (brand), Oxymorphone ER, Xtampza ER, Zohydro ER
METFORMIN	Fortamet (brand and generic), Glucophage XR (brand), Glucophage, Glumetza (brand and generic), Riomet
METHOTREXATE	Otrexup, Rasuvo
MISC.	Rule 1: Astagraf XL, Envarsus XR Rule 2: Oleptro ER Rule 3: Android, Testred Rule 4: Rayos DR Rule 5: Sitavig Buccal Tablet Rule 6: Amrix ER, Fexmid, Lorzone Rule 7: Zileuton ER, Zyflo, Zyflo CR Rule 8: Yosprala Rule 9: Procysbi DR Rule 10: Alcortin A Rule 11: Vituz, Tuzistra XR Rule 12: Flowtuss, Hycofenix, Oberdon Rule 13: Allzital, Bupap, Esgic, Fioricet, Fiorinal, Vanatol Rule 14: Lidocaine-Tetracaine Cream, Novacort, Pliaglis Rule 16: Durlaza Rule 17: Carospir Rule 18: Xatmep Rule 19: Dexamethasone dose pack, Dexpak, Lorcort, Zonacort
NALOXONE INJECTION	Evzio



NASAL STEROID	Beconase AQ, Dymista, Flonase, Nasacort / AQ, Nasonex, Omnaris, QNasal, Rhinocort / AQ, Veramyst, Zetonna
NAUSEA/VOMITING	Marinol, Syndros
NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (ORAL AND TOPICAL)	Anaprox, Anaprox DS, Ansaid, Arthrotec, Cambia, Cataflam, Daypro, diclofenac sodium 1% topical gel (brand and generic), Duexis, Feldene, Fenoprofen (brand), Flector Patch, Indocin, Klofensaid II, Mobic, Motrin, Nalfon, Naprelan, Naprosyn, EC-Naprosyn, Pennsaid (1.5% and 2%), Ponstel, Sprix, Tivorbex, Vimovo, Vivlodex, Voltaren XR, Voltaren Gel, Zipsor, Zorvolex



OPHTHALMIC ANTIALLERGY	Alocril, Alomide, Alrex, Bepreve, Elestat, Emadine, Lastacaft, Optivar, Pataday, Patanol, Pazeo
OPIOID-INDUCED CONSTIPATION	Relistor
OVERACTIVE BLADDER	Detrol, Detrol LA, Ditropan XL, Enablex, Gelnique, Myrbetriq, Noctiva, Oxytrol (Rx & OTC), Sanctura, Sanctura XR, Toviaz, Vesicare
PARKINSON'S DISEASE	Azilect, Eldepryl, Xadago, Zelapar
PHEOCHROMOCYTOMA	Demser, Dibenzyline



PROTON PUMP INHIBITORS	Aciphex, Aciphex Sprinkle, Dexilant (formerly Kapidex), esomeprazole strontium, Nexium, Prevacid, Prevacid SoluTab, Prilosec, Protonix, Zegerid (select generics of Zegerid)
DIABETES - SGLT-2 Inhibitors	Farxiga, Invokana, Invokamet, Invokamet XR, Jardiance, Steglatro, Synjardy, Xigduo XR
DIABETES - SGLT-2/DPP-4 Combo	Glyxambi, Qtern
TETRACYCLINE - ORAL	Acticlate, Adoxa, Alodox Convenience Kit, Avidoxy DK, Avidoxy Kit, Doryx, Doryx MPC, Doxycycline IR-DR 40 mg capsules (brand), Minocin, Minocin Kit, Monodox, Morgidox Kit, Oracea, Solodyn, Targadox, Vibramycin
DIABETES – THIAZOLIDINEDIONES (TZD)	Actos, Actoplus Met, Actoplus Met XR, Avandamet, Avandaryl, Avandia, Duetact



SICKLE CELL DISEASE	Siklos
TOPICAL ACNE/ROSACEA	Brand prescription topical benzoyl peroxide, antibiotic, etc. containing products Brand prescription topical cleansers containing benzoyl peroxide or sulfacetamide/sulfur Brand prescription topical kits containing products and cleansers Finacea gel, Finacea foam, MetroCream, MetroGel, MetroLotion, Noritate Cream, Rosadan Cream Kit, Rosadan Gel Kit, Soolantra
TOPICAL ANTIFUNGAL	Ciclodan 8% Kit, CNL 8 Nail Kit, Jublia, Kerydin, Pedipirox-4 Nail Kit, Penlac



TOPICAL CORTICOSTEROIDS	Ala-Scalp HP, Aqua Glycolic HC, Capex, Clobex, Clodan, Cloderm, Cordran, Cutivate, Derma-Smooth/FS, Dermasorb HC/TA, Dermatop, Desonate, Desowen, Diprolene/AF, Elocon, Halog, Kenalog, Locoid, Luxiq, Olux, Olux-E, Pandel, Pediaderm HC/TA, Psorcon, Scalacort, Sernivo, Synalar/TS, Temovate, Texacort, Topicort, Ultravate/X, Vanos, Verdeso
TOPICAL DERMATITIS	Elidel, Eucrisa, Protopic, generic tacrolimus ointment
TOPICAL DOXEPIN	Doxepin, Prudoxin, Zonalon
TOPIRAMATE	Qudexy XR, Topamax, Topamax Sprinkles, Topamax ER, Trokendi XR
TRAMADOL	ConZip, Tramadol ER, Ultracet, Ultram, Ultram ER
TRIPTANS	Alsuma, Amerge, Axert, Frova, Imitrex (oral only), Maxalt/MLT, Methergine, Migranal, Onzetra xsail, Relpax, Sumavel, Treximet, Zembrace, Zomig, Zomig ZMT
WILSON'S DISEASE	Cuprimine, Depen



Quantity Management—To ensure safe and effective drug therapy, certain covered medications may have quantity restrictions. These quantity restrictions are based on manufacturer and/or clinically approved guidelines and are subject to periodic review and change. Some examples include antimigraine drugs, rheumatoid arthritis and osteoarthritis drugs, impotence drugs, sedative hypnotics, and pain management drugs.

- Allergies (non-sedating antihistamines, nasal steroids)
- Anaphylaxis
- Anti-Influenza
- Antiemetic Agents
- Antifungal
- Antiviral Agents
- Asthma
- Blood Cell Deficiency
- Bone Conditions
- Contraceptives
- Chronic Obstructive Pulmonary Disease
- Diabetic Agents Byetta/Symlin/Victoza
- Endocrine Disorders
- Erectile Dysfunction Agents
- Eye Conditions (Restasis)
- Fertility Agents
- Hepatitis C
- High Blood Cholesterol
- High Blood Pressure
- Hormone Supplementation
- Hypnotic Agents
- Inflammatory Agents
- Migraine Therapy
- MS
- Narcotic Analgesics/Pain
- Oncology
- Overactive bladder





- Pulmonary Agents Cystic Fibrosis
- Topical Pain
- Ulcers
- Wound Care

NOTE: The information outlined above is accurate as of 1/1/2019; however, it is subject to change. Please call Member Services at (877) 458-4975 if you have any questions or for further verification.

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