

TRICARE Prior Authorization Request Form for
liraglutide 3 mg injection (**Saxenda**), semaglutide 2.4mg injection (**Wegovy**)
tirzepatide injection (**Zepbound**)



6311

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) TRICARE pharmacy program (TPHARM). Express Scripts is the TPHARM contractor for DoD.

PLEASE NOTE: For Active Duty Service Members, even if coverage will NOT BE APPROVED per this form, it still must be initially submitted to the TPharm Contractor for review. Subsequent reconsideration is allowed at the appropriate Military Treatment Facility. Providers must continue to follow Military Department-specific policies that set the requirements for participation in weight loss programs for Active-Duty Service Members.

For initial review by the TPharm Contractor;

- The provider may call: **1-866-684-4488**
or the completed form may be faxed to:
1-866-684-4477

- The patient may attach the completed form
to the prescription and mail it to: **Express Scripts, P.O. Box 52150, Phoenix, AZ 85072-9954**
or email the form only to:
TPharmPA@express-scripts.com

Initial therapy approves for 6 months, renewal approves for 12 months. For renewal of therapy an initial Tricare prior authorization approval is required.

Step 1 Please complete patient and physician information (please print):

Patient Name:	_____	Physician Name:	_____
Address:	_____	Address:	_____
Sponsor ID #	_____	Phone #:	_____
Date of Birth:	_____	Secure Fax #:	_____

Step 2 Please complete the clinical assessment:

1. Has the patient received this medication under the TRICARE benefit in the last 6 months? <i>Please choose "No" if the patient did not previously have a TRICARE approved PA for the requested medication.</i>	<input type="checkbox"/> Yes (subject to verification) Proceed to question 15	<input type="checkbox"/> No Proceed to question 2
2. How old is the patient?	<input type="checkbox"/> Less than 12 years of age - STOP Coverage not approved <input type="checkbox"/> Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question 3 <input type="checkbox"/> Greater than or equal to 18 years of age - Proceed to question 6	
3. Does the patient have BMI GREATER THAN OR EQUAL TO the 95th percentile standardized for age and sex?	<input type="checkbox"/> Yes Proceed to question 4	<input type="checkbox"/> No STOP Coverage not approved
4. Has the patient tried and failed or has a contraindication to Qsymia or its individual generic components?	<input type="checkbox"/> Yes Proceed to question 5	<input type="checkbox"/> No STOP Coverage not approved
5. Please provide the date and duration or contraindication for each medication listed below. <i>Note: The dates and durations of therapy for each medication or contraindication to each medication listed below must be provided or your case could be denied.</i> Qsymia: Date _____ Duration of therapy _____ Contraindication _____ Proceed to question 9		

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6. Does the patient have BMI GREATER THAN or EQUAL to 30, or a BMI GREATER THAN or EQUAL to 27 for those with risk factors in addition to obesity (diabetes, impaired glucose tolerance, dyslipidemia, hypertension, sleep apnea)?	<input type="checkbox"/> Yes Proceed to question 7	<input type="checkbox"/> No STOP Coverage not approved
7. Has the patient tried and failed or has a contraindication to phentermine, Qsymia or its individual generic components, and Contrave or its individual generic components?	<input type="checkbox"/> Yes Proceed to question 8	<input type="checkbox"/> No STOP Coverage not approved
8. Please provide the date and duration or contraindication for each medication listed below. <i>Note: The dates and durations of therapy for each medication or contraindication to each medication listed below must be provided or your case could be denied.</i> Phentermine: Date _____ Duration of therapy _____ Contraindication _____ Qsymia or its individual generic components - topiramate and phentermine: Date _____ Duration of therapy _____ Contraindication _____ Contrave or its individual generic components - bupropion and naltrexone: Date _____ Duration of therapy _____ Contraindication _____ <p style="text-align: center;">Proceed to question 9</p>		
9. Does the patient have type 2 diabetes?	<input type="checkbox"/> Yes Proceed to question 10	<input type="checkbox"/> No Proceed to question 11
10. Has the patient tried and failed metformin and the preferred GLP1-RAs (Trulicity)?	<input type="checkbox"/> Yes Proceed to question 11	<input type="checkbox"/> No STOP Coverage not approved
11. Will the requested medication be used with another GLP1RA (for example, Bydureon, Trulicity, Byetta, Adlyxin, Victoza, Soliqua, Xultophy)?	<input type="checkbox"/> Yes STOP Coverage not approved	<input type="checkbox"/> No Proceed to question 12
12. Does the patient have a history of or family history of medullary thyroid cancer, or multiple endocrine neoplasia syndrome type 2?	<input type="checkbox"/> Yes STOP Coverage not approved	<input type="checkbox"/> No Proceed to question 13
13. Has the patient engaged in a trial of behavioral modification and dietary restriction for at least 6 months and has failed to achieve the desired weight loss, and will remain engaged throughout course of therapy?	<input type="checkbox"/> Yes Proceed to question 14	<input type="checkbox"/> No STOP Coverage not approved
14. Is the patient pregnant?	<input type="checkbox"/> Yes STOP Coverage not approved	<input type="checkbox"/> No Sign and date below

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15. Is the patient currently engaged in behavioral modification and on a reduced calorie diet?	<input type="checkbox"/> Yes Proceed to question 16	<input type="checkbox"/> No STOP Coverage not approved
16. How old is the patient?	<input type="checkbox"/> Less than 12 years of age - STOP Coverage not approved <input type="checkbox"/> Greater than or equal to 12 years of age and less than 18 years of age - Proceed to question 18 <input type="checkbox"/> Greater than or equal to 18 years of age - Proceed to question 17	
17. Has the patient lost GREATER THAN or EQUAL to 4 percent of baseline body weight since starting medication despite 16 weeks of therapy?	<input type="checkbox"/> Yes Proceed to question 19	<input type="checkbox"/> No STOP Coverage not approved
18. Has the patient experienced a reduction of AT LEAST 5 percent of baseline BMI?	<input type="checkbox"/> Yes Proceed to question 19	<input type="checkbox"/> No STOP Coverage not approved
19. Is the patient pregnant?	<input type="checkbox"/> Yes STOP Coverage not approved	<input type="checkbox"/> No Sign and date below

Step I certify the above is true to the best of my knowledge. Please sign and date:

3

Prescriber Signature

Date

[10 Jan 2024]