

TRICARE Prior Authorization Request Form for
apremilast (Otezla)



6056

To be completed and signed by the prescriber. To be used only for prescriptions which are to be filled through the Department of Defense (DoD) TRICARE pharmacy program (TPHARM). Express Scripts is the TPHARM contractor for DoD.

PLEASE NOTE: For Active Duty Service Members, even if coverage will NOT BE APPROVED per this form, it still must be initially submitted to the TPharm Contractor for review. Subsequent reconsideration is allowed at the appropriate Military Treatment Facility.

For initial review by the TPharm Contractor;

- The provider may **call**: **1-866-684-4488**
or the completed form may be **faxed** to:
1-866-684-4477

- The patient may attach the completed form
to the prescription and **mail** it to: **Express Scripts, P.O. Box 52150, Phoenix, AZ 85072-9954**
or **email** the form only to:
TPharmPA@express-scripts.com

Step 1 Please complete patient and physician information (please print):

Patient Name: _____
Address: _____
Sponsor ID #: _____
Date of Birth: _____

Physician Name: _____
Address: _____
Phone #: _____
Secure Fax #: _____

Step 2 Please complete clinical assessment:

1. Is the patient 18 years of age or older?	<input type="checkbox"/> Yes proceed to question 2	<input type="checkbox"/> No STOP Coverage not approved
2. What is the indication or diagnosis?	<input type="checkbox"/> Active psoriatic arthritis – proceed to question 5 <input type="checkbox"/> Mild plaque psoriasis in a patient who is a candidate for systemic therapy or phototherapy – proceed to question 3 <input type="checkbox"/> Moderate to severe plaque psoriasis in a patient who is a candidate for phototherapy or systemic therapy – proceed to question 5 <input type="checkbox"/> Oral ulcers associated with Behcet's disease – proceed to question 9 <input type="checkbox"/> Other indication or diagnosis – STOP: Coverage not approved.	
3. Does the patient have a contraindication to, intolerance to, or has failed treatment with medications from at least TWO of these THREE categories: <ul style="list-style-type: none">• Moderate to High Potency Topical Corticosteroids (class 1 - class 5) for example, clobetasol propionate 0.05% ointment/cream, fluocinonide 0.05% ointment/cream, betamethasone dipropionate 0.05% cream/lotion/ointment, etc.;• Steroid Sparing Agents: Vitamin D analogs (for example, calcipotriene and calcitriol), tazarotene, or topical calcineurin inhibitors (for example, tacrolimus and pimecrolimus);• Other Topicals: emollients, salicylic acid, anthralin, or coal tar?	<input type="checkbox"/> Yes proceed to question 4	<input type="checkbox"/> No STOP Coverage not approved

TRICARE Prior Authorization Request Form for
apremilast (**Otezla**)

<p>4. Does the patient have a contraindication to, intolerance to, inability to access treatment, or has failed treatment with phototherapy?</p>	<p><input type="checkbox"/> Yes proceed to question 10</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>5. Humira is the Department of Defense's preferred targeted biologic agent. Has the patient tried Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 6</p>	<p><input type="checkbox"/> No proceed to question 8</p>
<p>6. Has the patient had an inadequate response to Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 9</p>	<p><input type="checkbox"/> No proceed to question 7</p>
<p>7. Has the patient experienced an adverse reaction to Humira that is not expected to occur with the requested agent?</p>	<p><input type="checkbox"/> Yes proceed to question 9</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>8. Does the patient have a contraindication to Humira?</p>	<p><input type="checkbox"/> Yes proceed to question 9</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>9. Has the patient had an inadequate response to non-biologic systemic therapy? (For example: methotrexate, aminosaliclates [for example, sulfasalazine, mesalamine], corticosteroids, immunosuppressants [for example, azathioprine], etc.)</p>	<p><input type="checkbox"/> Yes proceed to question 10</p>	<p><input type="checkbox"/> No STOP Coverage not approved</p>
<p>10. Will the patient be receiving other targeted immunomodulatory biologics with Otezla, including but not limited to the following: Actemra, Cimzia, Cosentyx, Enbrel, Humira, Ilumya, Kevzara, Kineret, Olumiant, Orencia, Remicade, Rituxan, Siliq, Simponi, Stelara, Taltz, Tremfya, Xeljanz/Xeljanz XR, Skyrizi, or Rinvoq ER?</p>	<p><input type="checkbox"/> Yes proceed to question 11</p>	<p><input type="checkbox"/> No Sign and date below</p>
<p>11. Please explain referencing literature to support combination use with Otezla, and attests that the patient will be monitored closely for adverse effects.</p>	<p style="text-align: center;">Sign and date below</p>	

TRICARE Prior Authorization Request Form for
apremilast (**Otezla**)

Step I certify the above is true to the best of my knowledge. Please sign and date:

3

Prescriber Signature

Date

[09 December 2022]