PREFERRED SPECIALTY MANAGEMENT POLICY

POLICY: Antibiotics (Inhaled) – Tobramycin Products Preferred Specialty Management Policy

- Bethkis® (tobramycin inhalation solution Chiesa USA/Catalent)
- TOBI® (tobramycin inhalation solution Novartis, generic)
- TOBI[®] Podhaler (tobramycin inhalation powder Novartis)

REVIEW DATE: 05/11/2022

OVERVIEW

Tobramycin inhalation solution (TOBI, generic) and Kitabis Pak are indicated for the management of cystic fibrosis (CF) in adults and pediatric patients ≥ 6 years of age with *Pseudomonas aeruginosa*.¹⁻³ Bethkis and TOBI Podhaler are indicated for the management of CF patients with *P. aeruginosa*.^{4,5} Tobramycin inhalation solution, Bethkis, and Kitabis are given by nebulization.¹⁻⁴ Tobramycin inhalation solution and Kitabis are inhaled using the PARI LC PLUS nebulizer, a reusable "jet nebulizer", with DeVilbiss Pulmo-Aide compressor, administered over a period of approximately 15 minutes.¹⁻³ Kitabis Pak is co-packaged with the PARI LC PLUS nebulizer.³ Bethkis is also inhaled using the PARI LC PLUS nebulizer and the PARI Vios® Air compressor; it is administered over a period of approximately 15 minutes.⁴ TOBI Podhaler consists of a dry powder formulation of tobramycin for oral inhalation only with the Podhaler device.⁵

POLICY STATEMENT

This Preferred Specialty Management (PSM) program has been developed to encourage the use of Preferred Products. For all medications (Preferred and Non-Preferred), the patient is required to meet the respective standard *Prior Authorization Policy* criteria. The program also directs the patient to try at least one Preferred Product prior to the approval of a Non-Preferred Product. Patients meeting the Prior Authorization criteria for a Non-Preferred Product who have not tried the Preferred Product will receive authorization for the Preferred Products. Requests for coverage of the Non-Preferred Products will be determined by exception criteria (below). Kitabis is not address in this PSM program. All approvals for Preferred and Non-Preferred Products are provided for 1 year unless otherwise noted below. In cases where approval is authorized in months, 1 month is equal to 30 days.

Automation: None.

Preferred Products: Tobramycin inhalation solution, TOBI Podhaler

Non-Preferred Products: Bethkis, TOBI

RECOMMENDED EXCEPTION CRITERIA

Non-Preferred	Exception Criteria
Product	
Bethkis	 1. Cystic Fibrosis – Initial Therapy. A) Approve for 1 year if the patient meets the following criteria (i and ii): i. Patient meets the standard Antibiotics (Inhaled) – Tobramycin Inhalation Solution Prior Authorization (PA) criteria; AND
	 ii. Patient has tried tobramycin inhalation solution (generic) or TOBI Podhaler. B) If the patient has met the standard Antibiotics (Inhaled) – Tobramycin
	Inhalation Solution Prior Authorization (PA) criteria (1Ai), but has <u>not</u> met the exception criteria (1Aii) above for brand Bethkis: approve tobramycin
	inhalation solution (generic) or TOBI Podhaler.
	2. <u>Cystic Fibrosis – Patient Currently Taking Bethkis.</u> Approve for 1 year if the patient meets the standard <i>Antibiotics (Inhaled) – Tobramycin Inhalation Solution PA</i> criteria.
	3. Bronchiectasis, Non-Cystic Fibrosis – Initial Therapy.
	A) Approve for 1 year if the patient meets the following criteria (i and ii): i. Patient meets the standard Antibiotics (Inhaled) – Tobramycin Inhalation Solution PA criteria; AND
	 ii. Patient has tried tobramycin inhalation solution (generic). B) If the patient has met the standard Antibiotics (Inhaled) – Tobramycin
	Inhalation Solution PA criteria (3Ai), but has <u>not</u> met the exception criteria (3Aii) above for brand Bethkis, approve tobramycin inhalation solution (generic).
	4. Bronchiectasis, Non-Cystic Fibrosis – Patient Currently Taking Bethkis. Approve for 1 year if the patient meets the standard Antibiotics (Inhaled) – Tobramycin Inhalation Solution PA criteria.
	 5. Other Conditions – Patient Currently Taking Bethkis. Approve for 1 month if the patient is continuing a course of therapy and meets the standard <i>Antibiotics</i> (<i>Inhaled</i>) – <i>Tobramycin Inhalation Solution PA</i> criteria.
TOBI inhalation	1. Cystic Fibrosis.
solution	A) Approve for 1 year if the patient meets the following criteria (i and ii):
	i. Patient meets the standard Antibiotics (Inhaled) – Tobramycin
	Inhalation Solution Prior Authorization (PA) criteria; AND
	ii. Patient has tried tobramycin inhalation solution (generic) or TOBI Podhaler.
	B) If the patient has met the standard Antibiotics (Inhaled) – Tobramycin
	Inhalation Solution Prior Authorization (PA) criteria (1Ai), but has <u>not</u> met the exception criteria (1Aii), above for TOBI inhalation solution: approve
	tobramycin inhalation solution (generic) or TOBI Podhaler.
	2. Bronchiectasis, Non-Cystic Fibrosis.
	 A) Approve for 1 year if the patient meets the following criteria (i and ii): i. Patient meets the standard Antibiotics (Inhaled) – Tobramycin Inhalation Solution PA criteria; AND
	 ii. Patient has tried tobramycin inhalation solution (generic). B) If the patient has met the standard <i>Antibiotics (Inhaled) – Tobramycin Inhalation Solution PA</i> criteria (2Ai), but has not met the exception criteria (2Aii), above for TOBI inhalation solution: approve tobramycin inhalation solution (generic).

3. Other Conditions.

- **A)** Approve for 1 month if the patient is continuing a course of therapy and meets the following criteria (i and ii):
 - i. Patient meets the standard *Antibiotics* (*Inhaled*) *Tobramycin Inhalation Solution PA* criteria; AND
 - ii. Patient has tried tobramycin inhalation solution (generic).
- **B)** If the patient has met the standard *Antibiotics (Inhaled) Tobramycin Inhalation Solution PA* criteria (3Ai), but has <u>not</u> met the exception criteria (3Aii), above for TOBI inhalation solution: approve tobramycin inhalation solution (generic).

REFERENCES

- 1. Tobramycin Inhalation Solution [prescribing information]. Sellersville, PA: Teva; October, 2013.
- 2. TOBI® inhalation solution [prescribing information]. East Hanover, NJ: Novartis; October 2018.
- 3. Kitabis[™] inhalation solution [prescribing information]. Woodstock, IL: Catalent; December 2019.
- 4. Bethkis® inhalation solution [prescribing information]. Woodstock, IL: Chiesi USA/Catalent; December 2019.
- 5. TOBI® Podhaler inhalation powder [prescribing information]. East Hanover, NJ: Novartis; July 2020.